



Byron Metts hibiscus

photos provided

Hibiscus Sale Next Saturday

The James E. Hendry Chapter of the American Hibiscus Society will be holding a hybrid hibiscus plant sale on Saturday, October 27 from 2 to 4 p.m. (or until they are all sold) at The Salvation Army building, located at 10291 McGregor Boulevard in Fort Myers.

The beautiful tropical hibiscus you've always wanted but could not find at big box stores will be for sale. More than 800 hybrid hibiscus will be available;



Tsunami hibiscus

small plants for \$15 and large plants for \$25. There will be special pricing for members, and those who join the chapter on the day of the sale will receive discounted prices. The plants are being provided by Big Bad Flower of Sarasota. Expert growing advice will be available during the sale from the chapter members who are experts on growing hibiscus, referred to as Queen of the Tropics. These hibiscus are grown on their own roots and are easy to maintain. Some of the plants will grow blooms over eight inches and are in just about every color of the rainbow.

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Interactive Dining Event To Benefit Arts Programming



Participants at a previous Cooking for the Arts dining event

photo provided

Cooking for the Arts: An Evening in Barcelona returns to the Sidney & Berne Davis Art Center (SBDAC) on Saturday, November 3. Cocktail hour begins at 6 p.m., while dinner starts at 7 p.m.

The popular interactive dining experience features authentic Spanish cuisine and cocktails, while benefitting SBDAC's education programming. Now in its fifth year, Cooking for the Arts

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The Law Enforcement Torch Run-way 5K will again be part of the weekend photos provided

International Air Show This Weekend

The Florida International Air Show returns to the Punta Gorda Airport this weekend. Gates open at 5 p.m. on Friday, October 19 with performances from 5:30 to 8:30 p.m. On Saturday and

Sunday, October 20 and 21, gates open at 9 a.m. with performances scheduled from noon to 3:30 p.m.

The Friday evening show will feature aircraft displays, aircraft performances and a finale fireworks show. Be aware there are several factors that affect the schedule such as weather, aircraft concerns and other circumstances beyond control of the air show staff.

Scott Farnsworth will be flying for Dash



Racing champion Scott Farnsworth with Dash Aerosports Racing Team

Aerosports Racing Team at this year's air show. In 2015, he competed in his XtremeAir XA42 and earned the position of Champion in the Reno National Air Races Sport Medallion Class. The following year, Farnsworth once again captured the title of Air Race Champion while competing in Lisbon, Portugal against pilots from around the world.

Air Force Brig. Gen. (Ret.) Fredric N. Buckingham of Punta Gorda will be

honoree chairman of the 2018 air show and will be recognized on October 19 and 20. Buckingham entered the United States Air Force in 1964 and served his country for 30 years. During his distinguished career, the general commanded a C-130 flying squadron and flew more than 6,000 hours including 680 combat hours over South Vietnam.

Air Force Capt. (Ret.) Wayne O. Smith
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Historic Downtown Fort Myers, Then And Now:

Scanland-Longmire Printing



by Gerri Reaves, PhD

This circa-1925 photo taken from Hendry and Second shows the first of several locations for one of Fort Myers's early commercial printers, Scanland-Longmire Co. Note the painted signage on the windows: "Scanland-Longmire, Rulers, Binders."

This is an eastward view down Second, where some wood-frame residences still exist during the early boom years. If you could peek around the printing business, you'd see the 1911 Andrew D. Gwynne Institute occupying the rest of that block stretching to Jackson Street, just as it does today.

Before Scanland-Longmire Co. moved into this one-story building circa 1925, the southeast corner of Hendry and Second was home to a string of auto-related businesses, a history suggested by the rough iron-clad exterior. The concrete-floored structure had previously been used as a garage, first owned by Larkin Moses "LM" Stroup, noted most in local history for being the fearless town marshal, elected in 1888.

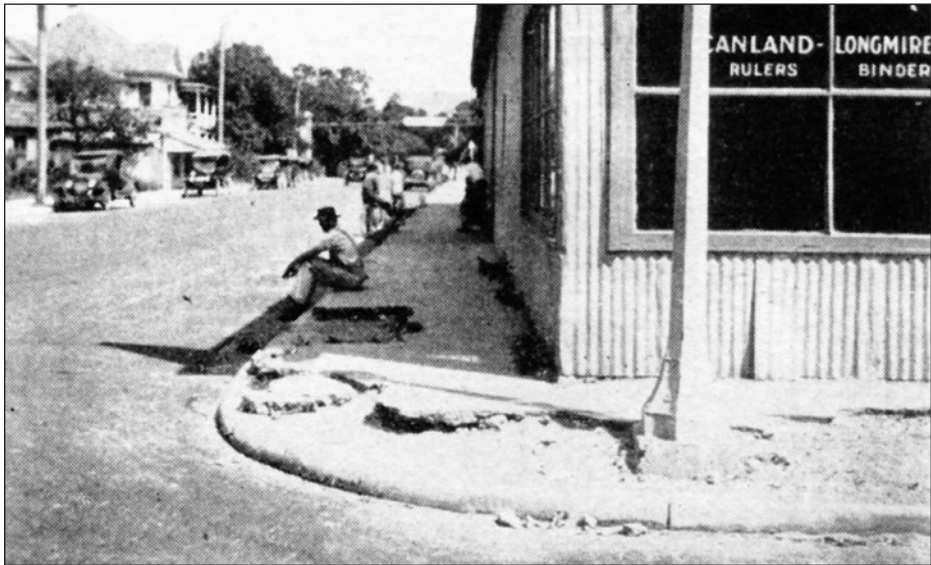
For a time in the early teens, before the Fort Myers Fire Department built its first permanent station at Anderson and Lee in 1915, the volunteer department stored the engine and other equipment and supplies at the garage.

Also in the mid-19-teens, HJ Shipley bought the 30-car-capacity garage and named it the Auto Inn Garage – good timing, for by then automobiles were proliferating on the town's streets.

In 1914, Shipley advertised that he'd just hired a "first-class auto mechanic from the North." (Who knew that northern mechanics were more competent than southern or western ones?) Gasoline and oil were available day or night, his standard ad always noted, and air was free. Shortly after that, FM Lanier had an auto-sales business on that corner, perhaps in conjunction with the garage.

By 1923, a new business, RW Giles's The Service Garage, moved in, soon followed by Scanland-Longmire.

Historical sources suggest that few commercial-printing businesses existed in Fort Myers, even in the 1920s boom.



This circa-1925 photo captures an eastward view of Second Street from Hendry. On the right is the first location of Scanland-Longmire Co., one of the town's earliest commercial printers.
photo courtesy SWFL Historical Society; Swan City Plan



A 1945 general commercial building has replaced the iron-clad one used as a garage and print shop in early downtown history
photo by Gerri Reaves

The town's first printer was, of course, the *Fort Myers Press*, established in 1884, which, like most newspapers of the day, also did "job printing." The *Tropical News* brought some competition when it was established in 1920, as did one other small printing business in that decade.

As late as 1924, a JW Scanland was the superintendent of Fort Myers Press Printery and a young Arnold J. Longmire also worked there as a printer. Presumably, it was those two men who formed the Scanland-Longmire partnership by 1925. However, by the early 1930s, the Scanland half of the partnership faded out of the picture.

In 1931 Arnold Longmire and his father, William A., formed the company called simply Longmire Printing Service. The business relocated to a spot across Second. It would be the first of several treks around town over the years.

During the Great Depression, Longmire and *The News-Press* still remained the principal job printers in town. (*The Tropical News* and *Press* had by then merged.)

Longmire advertised that his business published the announcements and diplomas for the 1935 class of Fort Myers High School, and the *Press* advertised that it printed that year's Caloosahatchian yearbook.

Around 1936, Longmire's moved about a half-block north on Hendry, where it shared a building with Ryals Drug Store, just south of the Robb & Stucky Building. In the early 1940s, it moved yet again, this time to another location on Second Street. The business closed in 1944 when Arnold was inducted into the U.S. Navy. During his World War II service, he worked as a printer.

He returned to Fort Myers after the war and resumed printing work. In 1958, the business became Longmire & Taylor and moved a couple more times. A 1945 building replaced that rustic iron-clad structure used as a garage and printing shop.

Walk down to Hendry and Second to see where one of the town's early commercial printers set up shop. Then find out more about early Fort Myers businesses at these two research centers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *Fort Myers Press*, and *The News-Press*.*

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Advertising Sales
Bob Petcher

**Graphic Arts/
Production**
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers
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Grammy Award Winners On Stage At Heights Party

Grammy award-winning musicians Hillary Scott & The Scott Family will perform at an intimate concert at The Heights Center on Saturday, November 10. The concert, underwritten by local philanthropists Dave and Cheryl Copham, sponsored by Stilwell Enterprises, Youngquist Brothers and FineMark National Bank and Trust, will also feature award-winning country musician Billy Dean. Funds raised will support programs that help at-risk families in Harlem Heights attain self-sufficiency. Only 112 tickets will be sold at \$5,000 per person.

"We are hosting this concert to pay it forward for all the blessings we have in our lives," said Dave Copham. "We are strong advocates of The Heights Foundation and their work to strengthen families and educate children in Harlem Heights. The music of Hillary Scott & The Scott family carries a message of love and hope that resonates with us. Hillary is one-third of one of the world's most popular groups, Lady Antebellum, and her album with The Scott Family has earned two Grammy awards. Billy Dean is a friend, a star, a gifted songwriter and performer and probably the nicest person we will ever meet. Together they will provide entertainment unmatched in Fort Myers."

"The Cophams are long-standing supporters of The Heights Foundation/The Heights Center and leaders in



Lang Scott, Linda Davis, Hillary Scott and Rylee Scott photos provided

philanthropy in Southwest Florida," said Kathryn Kelly, founder and CEO of The Heights Foundation/The Heights Center. "They have come alongside us to support their neighbors and our mission of building strong, self-sufficient families in the Harlem Heights community. We are grateful to the Cophams and to Sandy Stilwell Youngquist and Tim Youngquist for their generous sponsorship."

Hillary Scott & The Scott Family includes Scott, her mother Linda Davis, her father Lang Scott and her sister Rylee. The track *Thy Will* from the 2016 two-time Grammy award-winning album *Love Remains* hit No. 1 on the National Christian Audience Chart,



Billy Dean

Billboard's Christian Digital Songs Chart and Hot Christian Songs Chart. For more information, visit www.hillaryscott.com.

Dean's first big break came in 1988 when he won Best Male Vocalist on *Star Search*, hosted by Ed McMahon. Over the course of his 25-plus-year career, he has released 11 albums and has been recognized with awards and nominations from the Grammys, CMA and ACM. For more information, visit www.billydean.com.

Ticket upgrades that include a VIP meet and greet with the musicians are available.

The Heights Center is located at 15570 Hagie Drive in Fort Myers. For more information, visit www.heightsfoundation.org/copham or call Karen at 482-7706.✱

Vegetarian Chef Challenge At Area Hospitals

In recognition of National Vegetarian Awareness Month, Lee Health is hosting its 5th annual Vegetarian Chef Challenge at Cape Coral Hospital, Gulf Coast Medical Center, HealthPark Medical Center and Lee Memorial Hospital. Each hospital will showcase one of their finest chefs as they create several culinary treats for guests using only plant-based ingredients.

This year's challenge has each chef submitting one recipe for a hot item and one recipe for a cold item. Each hospital will host the competing chefs as they craft their dishes and hand out samples. Tasters at each campus will cast their vote for their favorite dish, and the top two chefs will advance to the finals. The top two chefs, as chosen by popular vote, will be announced on October 29.

The chefs will be on site from 11 a.m. to 1 p.m. on the following dates:

Tuesday, October 23, HealthPark Medical Center Atrium

Wednesday, October 24, Lee Memorial Hospital – Cafeteria Dining Room

Thursday, October 25, Cape Coral Hospital – Cafeteria Dining Room

Friday, October 26, Gulf Coast Medical Center – Cafeteria Dining Room

The grand champion cook-off will be held at Lee Memorial Hospital on Monday, November 12 at 1 p.m.✱

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Sanibel Blues And Jazz Fest Set For November 4

The Sanibel Blues and Jazz Festival will return to the backyard at Bailey's Center on Sunday, November 4 from noon to 7 p.m. The Sanibel-Captiva Optimist Club fundraiser features award-winning musicians. Past festivals have been a huge success and have provided funding for the many charitable endeavors of the Optimist Club including its six college scholarships and Sanibel Recreation Center summer programs for youth.

The Sanibel Blues and Jazz Festival lineup is as follows:

Noon – FGCU Jazz Ensemble. Gradually becoming one of the top collegiate ensembles, this group has been featured at the Landings Music Festival and the Sanibel Blues and Jazz Festival. The ensemble performs a variety of styles pertaining to the jazz idioms. The small chamber group is composed of the top players in the school and performs for various campus events including the Celebration of Excellence Ceremony.

1 p.m. – Johnny Jensen, local Captiva talent, who began drumming at the age of 4. He discovered the guitar four years ago and counts Stevie Ray Vaughn and Eric Clapton among his musical influences. He practices his craft locally at his family's Captiva resort and at Fort Myers Music Walk, held monthly in the city's historic river district. Last year, Jensen was the opening act for this festival and later



The festival draws hundreds of music lovers from Southwest Florida

photo by Jeff Lysiak

played with headliners Elvin Bishop and Matt Schofield, both hall of famers.

2 p.m. – JP Soars, an encore performance from the 2016 festival. Soars is not a typical blues guitarist. He has a diverse musical background that encompasses a multitude of influences. Soars toured the globe and recorded several records with some of the most extreme metal bands in the world before finding his home in the blues.

3:30 p.m. – Marty Stokes Band. The local band performs in clubs around Florida and has travelled to compete in the annual IBC competitions, capturing the Peoples' Choice Award four times, placing in both the South Florida, as well as Suncoast Blues Societies, and winning in both of the 2013 and 2014 competitions, sponsored by the Southwest

Florida Blues Society. 5 p.m. – Kenny Neal. Born in New Orleans and raised in Baton Rouge, Neal began playing music at a young age and is known as a modern swamp-blues and multi-instrumentalist that draws from the sizzling sounds of his native Louisiana. Neal has won many awards and was nominated three times for a Grammy, the most recent for Best Contemporary Blues Album. He also won 2 BMAs (Blues Music Awards); one for Best Contemporary Blues Album and the other for Best Contemporary Male Blues Artist. A true living blues legend, Neal is more poised than ever to deliver the blues like no one else can.

6:30 p.m. – Closing Band Jam. Ticket donations are \$40 for general admission and \$125 for VIP admission. Tickets are limited; purchase online at www.eventbrite.com or at Bailey's General Store, Sanibel-Captiva Community Bank, George and Wendy's Seafood Grill and at the festival entrance. VIP admissions include reserved seating, VIP ticket holder reserved parking, a festival T-shirt, meet the bands

opportuniy, free raw bar, Champagne bar, food and beverages.

General admission participants are reminded to bring their own chairs. Fine food and a range of beverages, including beer and wine, will be available for purchase. No food or beverages may be brought into the grounds by attendees.

For all attendees, on-island parking will be available at The Community House (2173 Periwinkle Way), Sanibel Congregational United Church of Christ (2050 Periwinkle Way), SunTrust Bank (2408 Periwinkle Way), Sanibel U.S. Post Office (650 Tarpon Bay Road). Shuttle service to the festival grounds will be available. For VIP ticket holders only, parking is available across the street from the festival grounds at Bank of America (2450 Periwinkle Way). Handicap vehicle parking is available at Bailey's General Store (2477 Periwinkle Way). Valet bicycle parking will be offered at the festival grounds.

For more information, visit www.sanibelbluesandjazzfest.org or on Facebook at www.facebook.com/sanibelbluesandjazzfestival.

FARMERS MARKETS

River District
THURSDAYS
9am-1pm | Centennial Park

Lakes Park
WEDNESDAYS
9am-1pm | Gladiolus

Sanibel Island
SUNDAYS
8am-1pm | City Hall

Coconut Point
THURSDAYS
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Bonita Springs
SATURDAYS
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Ostego Bay To Celebrate With Anniversary Party

The Ostego Bay Foundation Inc. will observe 27 years of service to the local community with a Founders Day Celebration at its Marine Science Center on Saturday, October 20 from 10

a.m. to 2 p.m. The special Open House Anniversary Party will offer free admission to the center, which provides a marine science experience through interactive exhibits, aquariums, touch tank, one of kind collections and unique displays. Ostego Bay Foundation is located at 718 Fisherman's Wharf on San Carlos Island. For more information, call 765-8101 or visit www.ostegobay.org.

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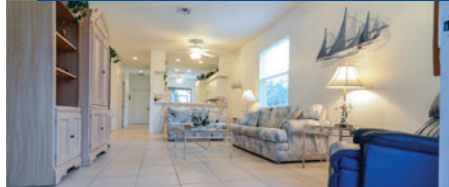
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Fort Myers Art:

Puppet Show Play Called Raw, Raunchy, Sexy



by Tom Hall

Keeping up with the tradition of providing fresh new experiences for Southwest Florida, The Laboratory Theater of Florida is excited to bring Robert Askins' *Hand To God* to

the stage. Generously sponsored by Art Zupko, the production marks the play's Southwest Florida premiere.

Admit it. You've had certain... impulses, right? Ones you've thought about, but would never actually act upon or say out loud? It's human nature. And that darkest human nature is exposed when a Texas church youth group assignment to create original hand puppets goes strangely awry.

Cypress, Texas is a small, conservative and extremely devout town. Margery is a recent widow who needs something to occupy her time, so the local pastor has asked her to run the church puppet club, whose members include her son Jason, his next door neighbor Jessica (that Jason has a crush on) and Timmy, the neighborhood troublemaker whose mother attends support meetings at the church. The puppet club has been asked to put on a performance at the church next Sunday at the request of Pastor Greg. Jason's hand puppet, Tyrone, takes on a life of his own, announces that he is Satan, leads them into sin and expresses



One of the performing puppets in the irreverent play *Hand To God*

photo courtesy www.artswfl.com

secrets that the characters would rather have left unacknowledged.

"At its heart, *Hand To God* is about our search for answers, connections and comforts," said Director Nykkie Rizley. "Yes, it is raw and raunchy, it is foul and sexy, it is violent and it is hilarious. All of this rolled into one. But, it is also soft and gentle and poignant. It slaps me in the face with humor and then pulls at my heartstrings. It is really quite an experience."

"It's a very irreverent show, with a scarred, earnest heart," added Steven Coe, who is playing the part of Jason. "It's very personal and raw, which you'll forget in its loud moments of fire and ridiculous humor, which was artfully and intentionally written. It's technically impressive, it's hardcore, it's a great show to work on and hopefully to

watch."

This show does feature mature themes, sexual situations and some profanity.

Hand To God opened October 18 and runs through November 3.

Cape Coral actor wins ENPY for volunteer work at Lab Theater

Cape Coral actor/director Scott Carpenter has been honored by the Cape Coral Community Foundation with its ENPY Award for 2018 Nonprofit Volunteer of the Year Award for his work with Lab Theater.

Carpenter was last on stage in Lab's production of *It's Only A Play*, which he also co-directed. Other acting credits include *Play On!*, Theatre Conspiracy's production of Moises Kaufman's *33 Variations*, Gore Vidal's *The Best Man* (Lab Theater), Yasmina Reza's *Art* (Lab Theater), *Cabaret* (Lab Theater), *Who's Afraid of Virginia Woolf?* and *Glengarry Glen Ross*.

Scott has directed numerous productions, including *Same Time*, *Next Year*; *Jekyll & Hyde*, *The Musical*; *South Pacific*; *Mame*; and *Steel Magnolias*.

If anyone knows the foibles of producing community theater and the challenges it inevitably thrusts on actors, directors and stage managers alike, it's Scott. Carpenter has a bachelor of arts in theater from William Paterson University and is a member of SAG/AFTA.

"I was humbled to be in the company of so many great individuals who do some remarkable work in our community," said Scott of the award.

The ENPYs showcase the extraordinarily hard-working individuals who dedicate time and talent within the nonprofit sector, recognizing the best executive directors, key staff, board members and volunteers. Each award had three finalists.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Beach Yacht Club Meeting

The monthly dinner meeting of the Fort Myers Beach Yacht Club will be held at The Nauti Parrot Dock Bar on Wednesday, October 24. Social hour begins at 6 p.m. with dinner and meeting to follow. Dinner will be ordered individually off the menu.

Potential new members wishing to attend are invited to call Membership Chairperson Pete Oiderma for required reservations and more information, 239-463-6240. Because the club does not have the expense of maintaining their own waterfront facility, dues are only \$150 per year per couple or \$75 for single.

The Nauti Parrot Dock Bar is located at 19001 San Carlos Boulevard on Fort Myers Beach. For more information, visit www.fmb yachtclub.org.*

Open Mic Night

Southwest Florida poets are invited to share their original work at an open mic night at the Alliance for the Arts on Tuesday, October 23 from 7 to 9 p.m. The event is designed to bring together different generations, styles and approaches to poetry as poets share their work against a vibrant backdrop of local art during the Dia de los Muertos: Juried Exhibit.

The event is free and open to poets of all ages and to those who simply enjoy soaking up spoken word. A \$5 suggested donation is encouraged to keep Alliance programming affordable and accessible. An additional Poetry Open Mic Night will be held on February 12, 2019.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, visit www.artinlee.org/octoberopenmic or call 939-2787.*

Masquerade Fundraiser

Celebrate the first 10 years of The Laboratory Theater of Florida with a Masquerade Party at The Marina at Edison Ford on Saturday, October 27 at 6:30 p.m. Participate in a costume contest to be judged at 8 p.m., bid on live and silent auction items, and dance the night away.

There will be hors d'oeuvres, limited free drink tickets and a cash bar available.

Theater Angel sponsorship is by Dave Yudowitz, The Diamond District and Royal Shell Vacations, with live and silent auction items such as a motorized scooter, a weekend getaway for up to six, stunning jewelry, tickets to arts attractions, artwork, and more. Highlights from the last 10 years will be shared, including many community partnerships and some special plans for the future.

Tickets are available to purchase on www.brownpapertickets.com or by calling the box office at 218-0481.

The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. For more information, visit www.laboratorytheaterflorida.com or the theater location at 1634 Woodford Avenue in downtown Fort Myers.*



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Alissa Nutting

photo provided

Author To Hold Book Signing And Reading At FSW

Fiction author Alissa Nutting will hold a book signing and reading at the Florida SouthWestern State College (FSW) Thomas Edison Campus in Building J, Room 103 (Rush Auditorium) on Monday, October 29 at 3 p.m. The event is free and open to the public.

Nutting is an assistant professor of English at Grinnell College in Iowa. She is the author of the story collection *Unclean Jobs for Women and Girls* as well as the novel *Tampa*. Her latest book *Made for Love: A Novel* is a poignant, riotously funny story of how far some will go for love – and how far some will go to escape it.

“We are excited to welcome another inspiring author to FSW to share her words and creativity with our students and community,” said Dr. Scott Ortolano, professor of English. “We teach one of Alissa’s stories in our Introduction to Literature course, and we are thrilled that our students will have the opportunity to meet and engage with an author they study.”

This project is presented by The Florida Literary Arts Coalition and FSW Writes, a FSW faculty group that plans writing events for FSW students, employees and the public. The project is additionally sponsored in part by the Department of State, Division of Cultural Affairs, the Florida Council of Arts and Culture and the State of Florida (Section 286.25, Florida Statutes).

Nutting’s books are currently available to purchase at the FSW Thomas Edison Campus bookstore.

Florida SouthWestern State College (FSW) Thomas Edison Campus is located at 8099 College Parkway in Fort Myers. For more information, contact Dr. Ortolano at 489-9472 or sortolano@fsw.edu.*

FSW To Host Family-Friendly Halloween Event

Florida SouthWestern State College (FSW) is hosting a family-friendly Halloween event called Fright Night at the Thomas Edison (Lee) Campus in Building U, Room 102 on Tuesday, October 30 from 6 to 8 p.m. After 8 p.m. the event will only be open to current FSW students.

Local families are invited to trick-or-treat and attend spooky activities for free. Only children age 12 and younger are permitted to wear masks and/or carry fake weapons. Attendees are asked to refrain from wearing inappropriate costumes.

“The Southwest Florida community looks forward to our Halloween nights every year, and we’re excited to welcome them back to one of our three campuses or regional center,” said Dr. Sholondo Campbell, director of the office of student engagement. “Our students are responsible for coordinating much of what happens at these events, and they bring their friends and families to join in the fun.”

FSW student clubs and organizations decorate rooms, build haunted houses, and even perform as ghosts or monsters. Guests of the Halloween event can also expect to participate in costume contests, games, face painting, crafts, treats, and more.

Thomas Edison (Lee) Campus is located at 8099 College Parkway in Fort Myers. Call 489-9246 for more information.*

Stroll With Spirits Of Fort Myers Past At Wicked Walk

Wicked Walk, a celebration of the arts in Lee County, the achievements of student artists and the unique heritage belonging to Southwest Florida with a spooky twist, will be held at the Sidney & Berne Davis Art Center on Friday, October 26 from 6 to 10 p.m.

This one-of-a-kind interactive theatrical experience, which supports Lee County schools and arts education, involves choosing a time via the ticket link for a guided theatrical tour of Fort Myers

history throughout the center. Lee County teachers have helped their classes create art pieces, installations, skits, musical performances, and more to conjure the ghosts of Fort Myers’ past.

Catch glimpses of the Snack House restaurant and the personalities that used to haunt it. Take part in a spirited USO celebration from the 1940s, and stroll through the ghostly grounds of the Edison gardens. You might run into Mina Edison herself!

Cost is \$5 for children and \$10 for adults.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.*

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Along The River

Honor music legends during a night of cover sets at **Love Your Rebellion's Sonic Masquerade** at **Nice Guys Pizza** this Friday, October 19 at 9 p.m. The performances by some of Southwest Florida's best musicians will feature tributes to Nirvana, Beastie Boys, Violent Femmes, Modest Mouse and Ani DiFranco.

Claire Liparulo of the Freecoasters will be opening the show with a set of Ani DiFranco tunes. Then, songstresses Kate Skales and Kyle Anne Duggan will perform their rendition of Modest Mouse songs. Exploding Pages' Marc Davis and Mike Cosden join rapper Jon Wayne Gretzky for a Violent Femmes set.

Plus, see hip hop artists Stonin Ronin, Duke Stamina and Breshnyda cover the Beastie Boys. The final tribute brings Angela Page and Pete Flower of the Young Dead together with Shawn Ayotte and Drew Richard for a tribute to Nirvana. The night finishes with a DJ set from Breshnyda.

The show benefits Love Your Rebellion, a 501(c)3 focused on empowering marginalized groups through the arts. Donations requested at the door will go toward Love Your Rebellion's diversity first music and art initiatives.

Nice Guys Pizza is located at 1334 Cape Coral Parkway East in Cape Coral. To learn more about Sonic Masquerade and Love Your Rebellion, visit www.loveyourrebellion.org.

The **downtown Fort Myers River District** will again be the scene for **Music Walk** this Friday, October 19. Restaurants,



Kate Skales will perform at Sonic Masquerade on Friday photo by Jesi Cason Photography

bars, art galleries and shops will showcase a wide range of music during the evening from 6 to 10 p.m. Expect live jazz and blues to rock, drums and much more. Each month brings new energy to the historic streets of downtown Fort Myers.

Visit www.fortmyersriverdistrictalliance.com to learn more.

BIG ARTS on Sanibel will hold simultaneous **opening receptions** to introduce exhibits of conceptual art in Phillips Gallery and plein air in Founders Gallery on Friday, October 19. The Sense of Things features three Southwest Florida artists – Del Holt, Guy Tieman and Dale Weber – in an exhibit that explores their art as well as each individual's creative

process. Passion for Pastels features Suzanne G. Bennett and Michele Barron Buelow with unusual approaches to plein air painting.

Both receptions begin at 5:30 p.m. and feature complimentary wine and hors d'oeuvres.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 385-0900 or visit www.BIGARTS.org.

The **Alliance for the Arts** will host the 2nd annual **Arts On Tap** fundraiser this Saturday, October 20 from 7 to 10 p.m. Arts On Tap features the craft of local brewers and hand-selected wines in the Alliance gallery benefiting the Alliance for the Arts.

Participating crafters include Big Blue Brewing, Bury Me Brewing, Coastal Dayz Brewery, Eight Foot Brewing, Fort Myers Brewing Company, Momentum Brewhouse, Palm City Brewing, Point Ybel Brewing Company and Scotty's Bierwerks. Culinary creations will come from Cristof's

and University Grill. Expect two new brews from creative collaborations between the Alliance and award-winning brewmasters from Palm City and Point Ybel.

Alliance will have a backdrop of local art with the Dia de los Muertos exhibit.

Tickets are \$75 and include unlimited tastings from participating breweries, wine, culinary creations, pub snacks, gallery admission, music, games, a silent auction and a raffle. The first 75 guests to purchase a ticket will receive an exclusive Support Local pint glass.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/ontap.

The Academy of Lifelong Learning at **Shell Point Retirement Community** will hold **two classes** in the upcoming week featuring educational discussions on public policy and one of the ocean's most abundant marine turtle species.

Shell Point will present Amendments on the Ballot for Florida's Midterm Election from 10 to 11:30 a.m. this Monday, October 22, led by Clara Anne Graham, president of the League of Women Voters of Lee County. During the 90-minute presentation, Graham will share an understanding of major public policy issues and proposed amendments that are slated for the upcoming ballot.

The final Academy class for October, entitled Sea Turtles, will take place at 10 a.m. this Thursday, October 25. Led by Kristie Anders, education director at the Sanibel-Captiva Conservation Foundation, the class will inform about the loggerhead turtle; the Kemp's ridley turtle, which spends its juvenile years in the sea grasses of Pine Island Sound; and a very rare, 700-pound leatherback that chose Sanibel's beach for a nesting event just a few years ago.

Cost per session is \$10 and can be reserved by calling 489-8472. For more information, visit www.shellpoint.org.

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Collaboratory Grand Opening October 21

Officials from the Southwest Florida Community Foundation will host a public grand opening and Party in the Park to celebrate their new Collaboratory on Sunday, October 21 from 1 to 4 p.m.

The Collaboratory is a public-private partnership of the Southwest Florida Community Foundation and the City of Fort Myers. The transformation of the former Atlantic Coast Railway Depot and construction of a new addition creates a 24,000 square foot campus that includes the foundation's regional headquarters and state-of-the-art shared space for the community and tenants.

The celebration will include food trucks, live entertainment, free ice cream, games, tours, a blessing of the building and more. A brief program will begin at 2 p.m. Valet parking will be available for handicap permits and guests with physical limitations.

The Collaboratory features vibrant spaces for work, gatherings and special events. In addition, state-of-the-art technology encourages regional

collaboration.

The Community Foundation funded the project with a \$10 million New Market Tax Credit (NMTC) deal, a program that encourages economic development in distressed neighborhoods. Florida Community Loan Fund provided the NMTC allocation and U.S. Bancorp Community Development Corporation is an investor on the project. Whitney Hancock Bank provided additional financing.

The Atlantic Coast Line railway depot was presented to the city on February 4, 1924, the same year Fort Myers was poised to join the Florida real estate boom of the 1920s. In the face of shrinking revenues, the Seaboard Coast Line (which had merged with ACL) sold its track, discontinued all passenger service into Fort Myers and closed the station in 1971. After sitting empty for a decade, the Southwest Florida Museum of History opened on the site in 1982. In 2015, the museum merged with the Imaginarium Science Center to form IMAG, a science and history museum, and in recent years moved physically to the Imaginarium's site at 2000 Cranford Avenue.

The Collaboratory is located at 2031 Jackson Street in Fort Myers. For more details and additional parking information, visit www.floridacommunity.com/party.



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Community Band To Commence 133rd Season

Strike up the band! The Lee County Community Band will begin its 133rd season with a lively, fun-filled, free concert at Cape Coral High School on Sunday, November 11 at 3 p.m.

In keeping with tradition for the season's first concert, Director Richard Bradstreet has selected a program featuring spirited and patriotic American music by American composers and a salute to U.S. military veterans. The program includes *Big Band Polka*, *Semper Fidelis*, *Syncopated Clock*, *Carousel* and *The Armed Forces Salute*.

The 50-member adult band will perform six concerts between November and April. Programs typically include a mix of energetic marches, Broadway hits, old favorites, patriotic songs and a sing-along with emcee and vocalist Norman Jones.

Band members are musicians from all walks of life – career musicians, amateurs, and folks renewing skills from years past – who reside in Lee, Collier, and Charlotte counties. The band welcomes new members every year. The group rehearses Thursday evenings at St. Michael Lutheran School in Fort Myers. Rehearsals for this season begin on October 18. Musicians interested in



Band Director Richard Bradstreet

photo provided

joining may phone John Fenn at 454-6430.

Donations are at Lee County Community Band concerts. Additional concert dates are December 9, January 13, February 10, March 10 and April 7.

Cape Coral High School, which hosts all of the community band concerts, is located at 2300 Santa Barbara Boulevard. For more information, visit www.leecountyband.org.✪

Comediannettes At The Alliance October 27

The Alliance for the Arts will present The Comediannettes on Saturday, October 27 at 8 p.m. in the theatre. The side-splitting standup comedy features funny and fierce female comedians from all over Florida. The lineup features Mariannette LaPuppet, Amy Block Hunter, Shana Manuel, Jillian Chiappone and Aniria Medrano Turney.

General seating tickets are \$15 for Alliance members and \$20 for non-members.

LaPuppet is a professional actress and writer turned comedian. She was a finalist in *Nick @ Nite's America's Funniest Mom*, winner of the 2nd annual Comedians Ball in Florida and finalist in Comic Cure's Florida's Funniest Female. She has featured for top comedians like Craig Shoemaker, Michael Winslow, Judy Tenuta and Pauly Shore.

Block grew up in the suburbs of Long Island singing Barbara Streisand hits into her hairbrush. When she's not writing her hilarity fueled parenting memoir as *The Outnumbered Mother*, she's a Florida-living, butt-wiping, soccer team carting, gourmet chef attempting, tennis skirt wearing, non-tennis playing, self-proclaimed bad mamma jamma to three sons and a very understanding husband.

Manuel is the winner of the 2016 Pride Comedy Festival. She is a criminal

defense attorney by day and balances her scales by moonlighting as a comedian at night. Her observational humor on her life and family make her one of Florida's favorite female comedians to watch.

Chiappone is an American comedic, dramatic and commercial actress, stand-up comedian, model and writer. Some of her work includes Tanya Hartman on Investigation Discovery Networks, *The Truth Is Stranger than Florida*; Melinda Barry on TV series *Justice with Judge Mablean* on Justice Central; and an appearance on Investigation Discovery Networks' *Blood Relatives*.

Turney is the daughter of a Puerto Rican mom and a Salvadorian dad living in the south, living the Cultural Bermuda Triangle daily. Having moved here from El Salvador at the age of 6, the culture shock and the pleasing of three cultural expectations linger in her witty observations. Aside from stand-up, Turney is also an actor that got a break in the Netflix film *Naked* with Marlon Wayans and recently appeared on an episode of *Chicago Med* on NBC. She was also voted Tampa Bay's 2017 Best Up and Coming Comic by Creative Loafing and is currently working on producing a sketch comedy web series called *The Funny Diva Show* based on a stand-up comedy tour she was a part of bearing the same name.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information or to purchase tickets, visit www.artinlee.org/ comediannettes or call 939-2787.✪

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION

Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX

Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

Friday Shabbat at 7 p.m. 2050 Periwinkle Way, www.batyam.org 579-0296.

BETH SHILOH MESSIANIC SYNAGOGUE

Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.

BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX

Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.

CHAPEL OF CYPRESS COVE

Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.

CHURCH OF THE CROSS

Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN

Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST

Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.

CYPRESS LAKE UNITED METHODIST

Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH FELLOWSHIP WORLD OUTREACH

Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.

FAITH UNITED METHODIST

Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST

Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.

FIRST CHURCH OF THE NAZARENE

Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH

Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.

FORT MYERS CHRISTIAN

Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL

UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

IONA-HOPE EPISCOPAL CONGREGATION

Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC

Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.

KINGDOM LIFE

Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambogodchurch.net, 267-3525.

NEW BEGINNINGS CENTER

Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.

NEW COVENANT EYES

Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.

NEW HOPE BAPTIST

Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN

Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.

PEACE COMMUNITY

Sunday 10:30 a.m. www.17671PineRidgeRoad.com, 267-7400.

PEACE LUTHERAN

Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peaceftmyers.com, 437-2599.

REDEEMER LUTHERAN

Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD

8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER

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ST. FRANCIS XAVIER CATHOLIC

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SAINT JOHN THE APOSTLE

METROPOLITAN

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN

Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY

Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.

ST. VINCENT DE PAUL CATHOLIC

Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST

Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE

Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)

Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.

THE NEW CHURCH

Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.

UNITARIAN UNIVERSALIST

Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.

UNITY OF FORT MYERS

Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH

Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.

WORD OF LIFE

Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.

ZION LUTHERAN

Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✪

CROW Case Of The Week:

Southern Flying Squirrel



by Bob Petcher

The southern flying squirrel (*Glaucomys volans*) is also known as an assapan or an eastern flying squirrel.

The main difference between a southern flying squirrel and a common tree squirrel is body structure, as the flying squirrel has a gliding membrane, called a patagium, and a flattened tail. Another distinguishing feature is its size, as it averages only nine inches in length and 2.5 ounces in weight compared to the 12-inch length average and one pound weight average of the eastern gray squirrel in this region. Flying squirrels are also nocturnal, while most tree squirrels are more active during the day.

Interestingly, while not seen very often due to their nocturnal activity, flying squirrels can be identified by their high-pitched, bird-like "cheeps" after sunset... if you can hear them. These sounds, which are meant to warn or keep track of other flying squirrels, sometimes are above the upper limits of frequencies heard by human ears.

At CROW, an infant southern flying

squirrel was admitted to the clinic from Estero on September 25. The young squirrel was found on a pool deck and was covered in ants. Upon admittance to the hospital, the squirrel weighed just 12 grams, and its eyes were still closed. Veterinary staff noted the squirrel to be hypothermic and that it had a depressed mentation. There were no ant bites noticed on the squirrel.

Dr. Robin Bast, CROW's staff veterinarian, explained depressed mentation.

"Normal babies are active, alert, and often vocalizing to alert the parent to their need for food," she said. "This baby was cold, laying in one place and only moved when touched. In other words, this is "depressed" compared to normal activity level and neurologic status."

The squirrel was given fluids and an oral sugar source. Once the squirrel received the sugar source, its mentation immediately improved, leading the veterinary staff to believe it was hypoglycemic (low blood glucose).

"In this case, we gave a small amount of Manuka honey orally since we stock it for other reasons - namely wound care. Other options for an oral sugar source include a dextrose solution or Karo syrup," said Dr. Bast. "Within five minutes after being given a supplemental heat source and a small amount of honey orally, the baby perked up and was moving around more on its own. After it warmed up, we gave it subcutaneous fluids to help with rehydration, and started it on a feeding schedule."

Rehabilitation staff noted that the



Patient #18-3788 receives a small amount of Manuka honey to help with its low blood glucose level

photo by Brian Bohlman

squirrel immediately began suckling when they attempted to nipple feed it later in the day. Since admission, the squirrel has continued to eat well. It has gained 4.6 grams in weight, has opened its eyes and continues to grow toward release weight.

"We release the flying squirrels around 60 to 80 grams or approximately 20 weeks of age," said Dr. Bast. "In order to be cleared for the release, they must be climbing well in an outside enclosure and eating dry diet entirely on their own."

The baby patient is nearing an ounce in weight, and will need more care and

size before the challenges of the wild.

"The squirrel's most recent weight was 20 grams, so it still has a lot of growing up to do, but continues to do well," concluded Dr. Bast.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

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Zero Red Tide



by Capt.
Matt Mitchell

Finally two good news stories about our water this week: For the first time in almost a year, FWC reports Lee County is red tide free and the long-awaited Water

Resources Development Act has been authorized by Congress. This act is the first step in returning the natural flow of water south to the Everglades.

Finally some positives after poor water management supercharged a giant 150-mile red tide bloom we had to deal with on and off for almost a year. This red tide did major damage to our environment, killing many of our marine mammals, turtles, fish while also crippling local businesses. This act passed by Congress is only the first step and a reminder to everyone that we have to stay involved and keep on the right path to fix this water quality issue once and for all.

As Hurricane Micheal luckily skirted by us mid-week, conditions were windy and rough. Strong winds kept most boaters off the water until at least the end of the week when things finally calmed down. Catch-and-release snook fishing on either side of this weather event was outstanding on the few days I

did manage to make it out. Snook of all sizes are being caught at almost every stop. Along with this crazy fall snook bite, we also managed a few redfish and limits of keeper-sized mangrove snapper. Jack crevalle and ladyfish have been all over the sound and easy to locate by just finding the birds. The above normal high tides brought on by the passing hurricane proved to be the perfect set up to fish both mangrove shorelines and oyster bars.

Both bait fish and feeding birds have returned to the sound in huge numbers. Causeway bridges have just started to load up with shiners over the past few weeks, like they do every fall. With so many shiners around, it's been possible to live chum for the first time since spring. This live bait chumming quickly lets you know if the fish are hungry as they explode on the surface. Free-lined shiners are the go-to bait all fall until the water gets cold, which hopefully won't happen until at least January.

Hopefully this clean bill of health we just received means we can all get back to work after the slowest summer anyone can remember. Not only are the fish out there, they have had very little pressure on them. Add in cooler fall-like mornings, and it's a perfect time to go fishing.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



John from Maryland with a redfish he caught and released this week while fishing with Capt. Matt Mitchell photo provided

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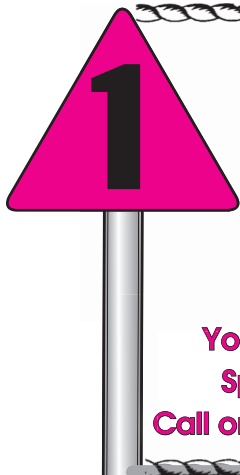
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Dave Doane

Challenge Eliminates 28,260 Lionfish

At its September meeting in Tallahassee, the Florida Fish and Wildlife Conservation Commission (FWC) announced the winners of the 2018 Lionfish Challenge.

A total of 28,260 lionfish were removed from Florida waters as part of this year's challenge, which included recreational and commercial categories as well as a new tagged-lionfish component, rewarding participants with prizes up to \$5,000 for removal of FWC-tagged lionfish.

"This is another commendable effort by Florida's recreational and commercial divers to help control lionfish populations and remove the invasive species from our waters," said FWC chairman Bo Rivard.

Recreational winner and Lionfish King John McCain of Gilchrist County removed 1,137 of the lionfish. Although



2018 Lionfish Challenge Commercial Champion Ron Surrency, center with trophy, with FWC Commissioners photo provided

he was unable to attend the meeting, this is McCain's third year participating in the challenge, in which he won third place the first year and second place the second

year. McCain works for Dive Rite.

Ron Surrency of Duval County is the Commercial Champion for his removal of 5,017 pounds of lionfish (which equates to

about 5,531 fish). Surrency targets lionfish and other reef fish species commercially with partners Jason Whetmore and Mark Irwin on the vessel *Joyce Marie*.

Both winners will receive a Lionfish Challenge Trophy for their efforts, as well as a feature article in the Saltwater Regulations Publication, a \$500 gift card for dive tank refills and a customized Engel 65-quart cooler.

The Lionfish Challenge and the 2018 tagged-lionfish component could not have been possible without the support of sponsors, which include the American Sportfishing Association, Marine Industries Association of Palm Beach County, Boat Owners Association of The United States, the National Marine Manufacturers Association, Yamaha Motor Corporation, the Coastal Conservation Association Florida, Dive Rite, Lionator Pole Spears, Narked Scuba, Florida Underwater Sports in Sarasota, Customatic Optics LLC and Toothless Life Spearfishing Safety System.

To learn more about the challenge and its winners, including second and third place winners, visit www.myfwc.com/lionfish.

Plant Smart

Cypress-Vine Morning-Glory

by Gerri Reaves

Cypress-vine morning-glory (*Ipomoea quamoclit*) is a native of Mexico and tropical America, and grows widely in the eastern U.S. and into Canada.

In Florida, it has escaped cultivation and is found in disturbed sites, undeveloped lots, home landscapes, sidewalk cracks, untended areas such as alleys and along roadsides.

This fast-growing member of the morning-glory family has a host of common names, including cardinal climber, star glory and hummingbird vine.

Smooth twining stems can reach 20 feet long in good growing conditions.

The alternate ovate leaves are divided, feather-like, and one to 3 1/2 inches long.

Numerous threadlike leaflets give them an overall look of a delicate fern, although the common name refers to the leaves' similarity to bald cypress leaves.

Very slender funnel-shaped crimson flowers of about an inch across appear on long stalks in the leaf axils.

Five fused petals flare out, forming



The crimson star-like flowers attract butterflies and hummingbirds

photos by Gerri Reaves

star-like blooms that attract butterflies and hummingbirds. The stamens and pistils extend beyond the flower's long tube.

The vine blooms most of the year and is a nectar source for butterflies such as the cloudless sulphur.

It prefers a well-drained spot in full sun to partial shade. It is drought tolerant, but does best with plenty of moisture.

The vine will quickly cover a trellis or fence or scamper up a wall, but can also



Despite its delicate appearance, this hardy cypress-vine morning-glory is thriving as a groundcover in an alley

be used as groundcover.

It is easily propagated with cuttings or with the seeds in the spherical beaked pod, and it often self-propagates.

An interesting tidbit of plant history: In 1791, Thomas Jefferson sent seeds of this vine from Philadelphia to his daughters Mary and Martha, and the seeds were planted in window boxes at Monticello.

Sources: *The Guide to Florida Wildflowers* by Walter Kingsley Taylor, *Weeds of the Southern United States*, *Wildflowers of Florida Field Guide* by Jaret C. Daniels and Stan Tekiela, www.floridata.com, www.ifas.ufl.edu, and www.monticelloshop.org.

Plant Smart explores the diverse flora of South Florida.



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Burroughs Home To Host Bridal Exposé

The Burroughs Home & Gardens is taking reservations and finalizing plans for its inaugural Brunch on the River: An Inspirational Bridal Exposé to be held on November 11. The event showcases the venue's expansive waterfront views, alongside an array of over 45 wedding professionals and services. The strolling tour will introduce engaged couples to the grandeur of this historic, 1920's Georgian revival style mansion located at 2505 First Street in downtown Fort Myers. Cost of admission is a \$5 donation to the Uncommon Friends Foundation that maintains the historic property. Valet parking will be available.

The event is for discerning bridal couples who want their upcoming wedding to be both personal and extraordinary. Guests will stroll through the interactive and inspirational displays throughout the grand old home, manicured grounds beneath the canopied oak trees and along the river bank for food tastings and stimulating wedding ideas. Attendees will meet standout caterers, officiants, photographers, florists and a variety of the most creative and reliable wedding vendors in Southwest Florida. Cindy Ekonomou, director of special events for the Burroughs Home said, "We are delighted to partner with Jason & Todd's Diamond District and CocoLuna Events on this unique bridal event." All brides attending will be entered to win a \$2,500 gift certificate from the



A wedding couple celebrates on the river
photo provided

Diamond District. Pre-registration for this one-of-a-kind showcase is encouraged, and one pre-registrant will win a complimentary tuxedo or suit rental from The Tuxxman.

Engaged couples and brides-to-be can pre-register for the showcase at <http://brunchontheriver.planningpod.com>. To view the photo gallery and learn more about weddings, tours and other events at the Burroughs Home & Gardens, visit www.burroughshome.com or call 337-0706.✽

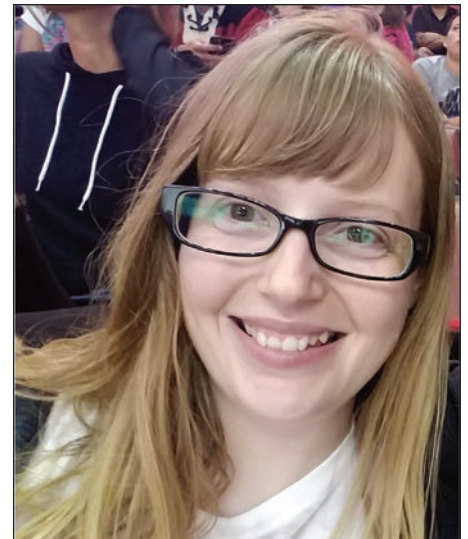
Seminole Diet Among Topics In Speaker Series

The Seminole Diet is the topic in the second part of a speaker series at the Mound House on Fort Myers Beach on November 13. Refreshments will be served at 5:30 p.m., with the lecture to follow at 6 p.m. Admission is \$5.

Brandy Norton, a field technician with the Seminole Tribal Historic Preservation Office, will discuss the conclusions researchers have reached about the diet of this Native American population. Considered "tree island" people, the prehistoric Seminoles seem to have eaten mostly turtle, fish and snake. Archaeologists examining 19,149 bones from a 2016 excavation in the Okeechobee area also used oral histories of the Seminole people to draw this conclusion.

Norton received her bachelor's degree from DePaul University and her master's degree, with a focus on bioarchaeology, from the University of Chicago.

On December 11, Amy Clifton, regional biologist with the Florida Fish &



Researcher Brandy Norton photo provided

Wildlife Conservation Commission, will talk about the Imperiled Species Management Plan and how it will expand protections of state listed species. The plan covers 57 species over the next 10 years.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, call 765-0865 or go to www.moundhouse.org.✽

Men's Club Breakfast

Bayside Estates Men's Club will host its monthly Pancake Breakfast in the Bayside Recreation Hall on November 11 from 8 to 11 a.m. The breakfast is held every second Sunday of

the month.

The public is invited to attend. The breakfast includes scrambled eggs, sausages, coffee, orange juice and all-you-can-eat pancakes for the cost of \$5. For only \$1 more, one can get a made-to-order omelet.

Bayside Estates is located at 17601 San Carlos Boulevard on the way to Fort Myers Beach.✽

International Games Week At Local Libraries

Branches of the Lee County Library System will join more than a thousand libraries around the world during International Games Week, to be held November 4 to 10, as they transform their libraries with games. Like many other libraries across the country and around the world, Lee County libraries will offer special gaming programs and events suitable for the whole family.

International Games Week is an international initiative supported by the American Library Association, the Australian Library and Information Association, Nordic Game Day and L'Associazione Italiana Biblioteche.

For more information on International Games Week, visit the Games in Libraries blog <http://games.ala.org>. For more information on the events at Lee County Library System, visit www.leelibrary.net or call 479-INFO to find a games program near you.

Locations and the schedule of events:
Cape Coral Lee County Public Library, 921 SW 39th Terrace, Cape Coral
Teen Game Night, 4:30 p.m.
Thursday, November 8 – Celebrate International Games Week with this teen-only event. There will be Wii games,

board games and a real-life version of the video game Oregon Trail. For ages 11 to 18.

Carnival of Games, Noon to 4 p.m. Saturday, Nov. 10 – Celebrate International Games Week with this all-ages event. Board and card games available for open play. No registration is required for this drop-in program.

Dunbar Jupiter Hammon Public Library, 3095 Blount Street, Fort Myers
Teens Board Up & Game On, 4 p.m. Tuesday, November 6; 3 p.m. Wednesday, November 7 and Thursday November 8; 2 p.m. Friday, November 9 and Saturday, November 10 – Get your game on, enjoy some snacks and make some new friends in the teen department. Each session will feature a different board game, but card and video games are also available.

Fort Myers Regional Library, 2450 First Street, Fort Myers

International Games Week, November 5 to 10 – Available during normal library operating hours: Monday to Wednesday: 9 a.m. to 8 p.m.; Thursday: 9 a.m. to 6 p.m.; Friday, Saturday: 9 a.m. to 5 p.m. – All ages join us as we reconnect with community through games. Play board games, Wii, checkers, chess, etc. Check out various locations throughout the library for your game of choice.

International Games Week: Stay Cool, Get Active, 2 p.m. Saturday, November 10, in Meeting Room ABCD – So, you think you've got game? Join us indoors in the air conditioning as we celebrate

International Games Week. We'll play ball, hula hoops, bowling, use a giant parachute, ring toss, hopscotch, tunnels, beanbags, sack races and more. For children, all ages welcome.

Lakes Regional Library, 15290 Bass Road, Fort Myers

Kids Game On, 2 to 5 p.m. Thursday, November 8 – Drop in to try out a variety of board games to celebrate International Games Week. For preschool and school-age children. No registration needed.

North Fort Myers Public Library, 50 Pine Island Road, North Fort Myers
International Games Week, 9 a.m. to 4 p.m. Saturday, November 10 – Join us in celebration of International Games Week with board games old and new, available all day. All ages welcome.

Northwest Regional Library, 519 Chiquita Boulevard North, Cape Coral
Family Gaming Night, 5 to 7 p.m. Tuesday, November 6 – Come and join us for an old-fashioned family fun evening. We have board games, card games, and mini golfing options to play in the library. This is a drop-in event. For family of all ages. Sponsored by the Friends of the Northwest Regional Library. No registration required.

Teens Game On, Wednesday, November 7, 2 p.m. – Grades 9 to 12; 4 p.m. – Grades 6 to 8 – Join us for an International Games Week edition of Game On. Now's the time to settle the score. Join in the fun and challenge your friends to a variety of board games and video games. Light snacks provided.✽

NAMI Benefit Raises \$37,000

The first annual NAMIWalks Southwest Florida 5K walk at the City of Fort Myers Pier on September 29 exceeded its registration goal and generated \$37,000 for vital mental illness programs and services that are provided to those in need free of cost.

The NAMI (National Alliance on Mental Illness) Lee, Charlotte and Hendry counties hosted event drew more than 600 people who walked together to raise awareness and funds for mental health.

Mayor Randy Henderson served as the honorary chairperson and local WINK-TV morning anchor Corey Lazar served as the NAMIWalks ambassador. Both were in attendance as the bridge in downtown Fort Myers was filled with those becoming a part of a movement that improves lives and communities one step at a time.

Celebrating its 16th year, NAMIWalks takes place in more than 85 communities across the country.

"Mental illness is too tough to walk alone. We want to thank all of our walkers, volunteers and supporters for making our first NAMIWalks successful," said Vacharee Howard, NAMI Lee, Charlotte and Hendry Counties executive vice president. "Through our public, active display of support for people affected by mental illness, we are combatting the stigma and letting them know it's ok to reach out when they need help."✽

Scientists Society Meeting

The Scientists Society of Southwest Florida will hold its first meeting of the season at The Club at Whiskey Creek on Wednesday, October 24. Social hour begins at 5 p.m. with dinner served at 6 p.m.

The dinner meeting will feature Dr. William Marquardt, curator of South Florida Archaeology and Ethnology and director of the Randell Research Center located on Pine Island. Dr. Marquardt will be presenting recent research in the Domain of the Calusa in present day Charlotte, Lee and Collier counties. Since 1983, Dr. Marquardt has focused on uncovering the civilization of the earliest Calusa inhabitants of the area. Prior to this concentration, he pursued archeological research in Georgia, South Carolina, Kentucky, Missouri, New Mexico and Burgundy, France, as well as other regions of Florida.

The public is invited to attend this meeting, but reservations are required. Cost is \$39 per person.

The Club at Whiskey Creek is located at 1449 Whiskey Creek Drive in Fort Myers. For reservations or more information, visit www.science-swfl.org/programs or call 340-2210.✱



Dr. William Marquardt

Naples, is an animal sanctuary built in the elegant safari style of a bygone era. The preserve provides the ultimate destination for executive galas, weddings and other events, as well as the opportunity for guests to encounter exotic wildlife while enjoying authentic entertainment and fine dining.

Reliable Permitting & Business Support Services is located in Naples and has more than 21 years of experience in providing high-quality customer support services during the permitting process to residential and commercial builders. Today, the business is in full operation with six functioning departments.

Zirilli's Chilly Treats is a small, family-owned business located in Cape Coral. They specialize in making dairy-free Italian Ice with real fruit in a variety of flavors. ❄️

FDOT Hosts Mobility Week

The Florida Department of Transportation (FDOT) and its partner agencies are set to celebrate the first annual statewide Mobility Week from October 27 to November 3. Initially launched in 2016 in Central Florida, Mobility Week is being expanded into a statewide initiative due to its success in bringing together regional partners working towards a transportation system that promotes travel choices.

The Mobility Week initiative is an annual collection of outreach events to promote awareness of safe multimodal transportation choices and how those choices can build stronger communities, reduce traffic congestion and improve community health.

There are many ways to take part in Mobility Week. Agencies, employers and individuals can all participate and contribute in their own way. Agencies can organize an event, activity or training, or implement a mobility action that encourages individuals to switch from driving alone to walking, cycling, using transit, ridesharing, teleworking, or other options.

Employers are encouraged to organize a workplace event during Mobility Week that can range from travel safety training, group bicycle rides, educational workshops to hosting employee competitions. They can also implement long-term initiatives by contacting their local commuter assistance program to explore commuting options that might be of interest to their employees.

Individuals can sign up and take part in the Mix-It-Up 2018 challenge, by pledging to try a new transportation choice that makes a positive impact on the local transportation system, by reducing the number of trips that are made driving alone. The challenge is intended to encourage people to mix and match different modes of transport in their daily life and compete for prizes furnished by Mobility Week Partners.

For more information about Mobility Week, including a schedule of events in this region, how to enter the Mix-It-Up 2018 Challenge and transportation modes available, visit www.mobilityweekfl.com. ❖



Brooke Denson



Elaine Hawkins



Jason Stephens



Sandy Stilwell

Charities Group Board of Directors

The 2018-19 board of directors for the SWFL Children's Charities, Inc. was recently elected to serve a two-year term during the organization's annual trustee meeting. The new board is led by Sandy Stilwell-Youngquist as president and Jason Stephens as vice president, in addition to Debbie Toler as vice president of public relations, Elaine Hawkins as past president and treasurer, and Brooke Denson as secretary.

SWFL Children's Charities, Inc. board members are responsible for supporting the operations and mission of the nonprofit and administering funds that support local organizations committed to pediatric health care and education, with a new focus on mental and behavioral health. Officers are also responsible for overseeing the planning and execution of the organization's 2019 Southwest Florida Wine & Food Fest, a signature fundraising event featuring world-class cuisine, renowned vintners and a spirited

live auction.

Celebrating its 11th year, the grand tasting and live auction for the 2019 Southwest Florida Wine & Food Fest will take place at noon on February 24, 2019, at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs.

Making Waves in Southwest Florida with its focus on Building Healthy Minds, the 2019 Southwest Florida Wine & Food Fest will allocate the majority of its auction proceeds to local organizations dedicated to enhancing mental and behavioral health, with another portion of the funds continuing to support pediatric health care services at Golisano Children's Hospital and pediatric healthcare educational programs at Florida Gulf Coast University and Florida SouthWestern State College.

To learn more about the 2019 Wine & Food Fest, visit www.swflwinefest.org. ✨



Debbie Toler

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Will Power

Major Changes Under Duress Not A Good Idea



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

It's not uncommon to panic under extreme pressure. And there's no pressure like when a loved one is very sick or near death. There's a temptation to "tie up loose ends" and to direct our financial advisors and attorneys to make "last minute adjustments" before it's too late.

Resist that temptation, especially if you've recently updated your planning.

I've seen families make irrational decisions that can be attributed to a lack of understanding about their estate plan. Even though they may have revocable living trusts, for example, they title

everything in "Pay on Death" or "Transfer on Death" accounts. This is absolutely the wrong thing to do. Most trusts have continuing trusts, either for the surviving spouse or sometimes for the children or even grandchildren. By transferring assets to "Pay on Death" accounts defeats all of the estate protections and tax planning thought that went into the creation of the documents.

Sometimes panicked families will collapse trusts before the sick spouse dies and put everything in the well spouse's name. As I pointed out in the preceding paragraph, doing this will likely defeat the tax planning and asset protection features of the estate plan that was put into place.

Other times families will reposition assets between the trusts just before the sick spouse dies. This can also lead to problems related to capital gains taxes. Normally, when a person dies holding appreciated assets, the assets receive a "step up" in tax cost basis, equal to the date of death value. If I purchased Coca Cola Company stock at \$1/share and when I died it was worth \$10/share, then my beneficiaries will normally inherit the stock at the step-up value of \$10/share. If they sold it shortly after my death for \$10/share, then the capital gains tax that would have been realized had I sold the stock the day before my death disappears.

But if the family tries to transfer appreciated assets into a dying person's name in an effort to receive the step-up in tax cost basis, they have an unpleasant surprise. The tax law anticipates people trying to take advantage, so there's a rule that disallows step-up if the asset was transferred within one year of death. So making last minute changes here could actually do harm to the family.

Should a family therefore not worry about last minute planning if a loved one is

gravely ill? Certainly if that person's documents haven't been updated in quite some time, it makes sense to review them with competent counsel. But the family would be wise to carefully think through any choices that they have, and consider the time it would normally take to implement those choices successfully. If the health and mental stability of the sick person isn't expected to hold out for long, then it makes sense to "triage" the strategies in such a way as to take care of the most important things first.

Another important thought in late-stage planning includes the fact that any significant changes might be subject to challenge. If a sick person suddenly disinherits someone in favor of another family member, undue influence and competency issues might arise.

If this is a possibility, the family might want to ask attending physicians for statements regarding the sick person's competency, carefully document all of the medications that are being administered (with an eye towards whether any might affect decision making) and take steps to ensure that the sick person visits alone with counsel rather than having family members who might be or become beneficiaries present at the meetings.

Dealing with the loss of a loved one is almost always stressful. No one wants to compound the stress by having to deal with legal, tax and financial issues at the end of life. The best way to avoid that problem is to take care of things well ahead of time. But if you or a loved one find yourself in this situation, be very careful that you don't cause more harm than you solve.

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Planned Giving Council Meeting October 25

The Planned Giving Council of Lee County, Inc. will present How Donor Advised Funds Can Benefit Your Non-Profit and Your Donors during a meeting at Blue Coyote Business & Social Club on Thursday, October 25 from 11:30 a.m. until 1:30 p.m. Networking begins at 11:30 a.m., lunch and program begin at noon. The speaker will be William Hewitt, vice president of institutional development at the American Endowment Foundation.

Donor Advised Funds – also known as DAF's – have continued to experience dramatic growth in popularity over the last decade spanning virtually all segments of the population, and recent changes to the tax code have only served to amplify that growth. While the fundamental merits of donor advised funds continue to be hotly debated within some philanthropic circles, the flexibility, ease of use and economic structure remain significant attributes as family philanthropy expands.

This session will look briefly at several of these trends and the specific benefits related to their impact on IRS Schedule A deductions.

Hewitt has been involved in the financial services and philanthropic communities for more than 40 years. He has served as director of advisor training for New England Life, managing principal for Century Investors and CUNA Brokerage Services, regional vice president for the Nationwide Financial BEST of AMERICA annuity division, and founder



William Hewitt

photo provided

of Investment Training Associates, an educational and consulting firm. For the last decade, Hewitt has been involved with the marketing and sales of donor advised funds (DAF) and related technology within the financial services and foundation communities.

The meeting is sponsored by Hughes, Snell & Co., PA. It is free to members. Cost for non-members is \$30 and includes lunch. Reservation deadline is Monday, October 22 at noon.

Blue Coyote Business & Social Club is located at 9854 Caloosa Yacht and Racquet Club Drive in Fort Myers. For more information or to RSVP, visit www.plannedgivinglee.org or call 850-0040.✧

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Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

Manufacturing Roundtable Set For October 24

The Southwest Regional Manufacturers Association (SRMA) will host a roundtable headed by management expert Steve Wilkinson, president of Rapid Lean Coach LLC, at CareerSource Southwest Florida on Wednesday, October 24 from 8 to 9:30 p.m.

The Lean & Mean Manufacturing roundtable is free to attend and will deliver tips on keeping expenses low, profits high and personnel energized. Wilkinson works

with manufacturers in Southwest Florida, New England and internationally to help them identify improvement opportunities, solve problems and improve work flow.

“As season fast approaches, it's vital to streamline your approach and learn about potential labor sources and partnership opportunities,” SRMA Executive Director Neil Kagan said. “This pair of collaborative events help manufacturers accomplish that.”

CareerSource Southwest Florida is located at 4150 Ford Street Extension in Fort Myers. For more information, visit www.srma.net/category/events and [facebook.com/swflmfg](https://www.facebook.com/swflmfg). Email Kagan at neil@srma.net or call 560-0052 to find out how to become an SRMA member.✧

Book Review

The Good Son



by Di Saggau

I read about *The Good Son* by You-Jeong Jeong in a recent issue of *Entertainment Weekly*. It definitely caught my attention because it is Jeong's first novel to be translated into English. She is South Korea's preeminent

author of psychological thrillers, and now it has arrived here. It's an ingeniously twisted mother-son saga that keeps your heart pumping and then breaks it.

With great precision and unflinching bluntness, Jeong takes readers into the mind of her tormented main character, Yu-jin, a young man with a faulty memory and some very dark secrets. The story is original, unpredictable and a shocker. It asks the question, who can you trust if you can't trust yourself?

Early one morning, 25-year-old Yu-jin wakes up smelling a strange metallic odor and receives a phone call from his brother asking if everything's okay at home. He discovers he missed a call from their mother during the night. Yu-jin soon finds her murdered body, at the bottom of the stairs of their duplex in Seoul, lying in a pool of blood. Having suffered from seizures for most of his life, he can't remember much about what occurred the night before. All he has is a faint impression of his mother calling his name. But why was she calling him for help or begging for her life?

Yu-jin begins a frantic three-day search to try and uncover what happened that



night. He finally learns the truth about himself and his family. *The Good Son* explores the mysteries of mind and memory, and the twisted relationship between a mother and son. A protagonist whose memory loss coincides with the gruesome discovery of his mother, makes this crime fiction story well worth reading. Yu-jin has lost time and tries to put all the pieces back together. The story takes many directions and leads the reader somewhere never expected.

I highly recommend *The Good Son* for the seasoned crime reader who doesn't mind bloody scenes and appreciates a head-on, no-holds-barred candid story that sends chills down one's spine. I hope a future translation of Jeong's work comes our way soon.*

building and research. We aim to help parents and families, K-12 education professionals including support service personnel, and members of the research and higher education community who work to help gifted and talented children as they strive to achieve their personal best and contribute to their communities". Membership in this organization includes participation in up to three of their networks or special interest groups such as assessment, STEM, creativity and many other topics.

I urge you to get involved with any or all of these groups. Their information is evidence (research) based, and you will find a sense of community that may dispel that feeling of aloneness that many parents of the gifted and the gifted themselves experience.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

Continental Women To Meet

The Continental Women's Club will hold its monthly meeting at The Hideaway Country Club on Thursday, November 1 at 11:30 a.m.

Guest speaker will be Amy Bennett Williams, storyteller and writer with *The News-Press*. Williams' Facebook page introduces her as a chronicler of characters, conflict, curiosities and proud Alvanian scrub-billy. She is also the author of the pictorial history book *Along the Caloosahatchee*.

Cost to attend the luncheon is \$22.

The Hideaway Country Club is located at 5670 Trailwinds Drive in Fort Myers. Cost to attend the luncheon is \$22. For more information, call 691-7561.*

Bromeliad Society Sale At Araba Temple

The Caloosahatchee Bromeliad Society of Southwest Florida is having its annual plant sale at Araba Shrine Temple on Saturday, December 1 from 9 a.m. to 4 p.m. and Sunday, December 2 from 10 a.m. to 3 p.m.

There will be bromeliads from around the world... all sizes, colors and shapes, old favorites along with the rare and unusual. Take time to look for your favorite plant, piece of driftwood, artwork or plant related item. Growers will be available to answer your questions. Free parking and admission.

Araba Shrine Temple is located at 2010 Hanson Street in Fort Myers. For more information, contact Betsy Burdette at 694-4738.*

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, As a former director of a very large, urban public school gifted program, I worked diligently to provide the gifted students with the variety of

resources needed for their educational experiences. And as a parent of gifted children, I have first-hand knowledge of their social and emotional needs as well.

Working with and parenting a gifted child is both exhilarating, frustrating and exhausting. Looking from the outside in, it might seem wonderful to have a 3-year-old who reads fluently or not to have to help your child with their homework, but there are other challenges.

Does this sound like a child you know? The 7-year-old who wants to learn algebra, and is quite capable, but can't remember to bring home her spelling book? Is it the child who writes amazing stories, perhaps books, but refuses to write his five-paragraph essay homework?

Gifted people and parents of gifted children often feel isolated and misunderstood, and this can have

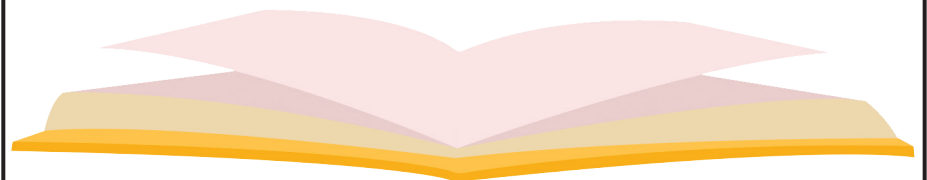
detrimental effects on mental and emotional well-being. Parenting the gifted often brings unusual challenges including social/emotional and educational concerns. Approximately 8 percent of gifted individuals are also Twice Exceptional or 2E children, those who are gifted and learning disabled – at the same time. These additional challenges often confound gifted identification and complicate gifted education.

Community resources for parents of the gifted as well as gifted students themselves are few in most areas, however there are some great online resources. This fall, there is an opportunity to participate in online support groups through SENG, (Supporting Emotional Needs of the Gifted), an association dedicated to meeting the social and emotional needs of the gifted and their families although there is a fee involved. You may contact them at office@sengifted.org or 844-488-SENG.

Other excellent online resources include Hoagies' Gifted Education Page, "the all-things-gifted site, full of resources, articles, books and links to help and support parents, teachers, and gifted children alike," or visit www.hoagiesgifted.org.

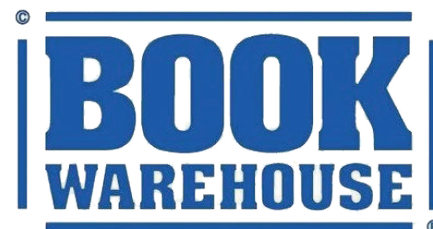
Another premier association for the gifted is the NAGC (National Association for Gifted Children) at www.nagc.org/about-nagc. "NAGC's mission is to support those who enhance the growth and development of gifted and talented children through education, advocacy, community

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LCEC Hires New Risk Manager

Lee County Electric Cooperative recently hired Susan Matt as its risk manager. As LCEC's risk manager, Matt will analyze various integrated resource plans and business strategies to identify risks to the organization and be involved in enhancing our current safety program.

Matt comes to LCEC from the headquarters of Best Buy, where she worked as a senior compliance manager. Matt also worked as a compliance manager for Target in addition to working as a federal agent with the United States Postal Inspection Service.✱



Susan Matt

photo provided

Superior Interiors

Warm Weather Design Trends



by Jeanie Tinch

This season creates an opportunity to transform a home's interior into an atmosphere of inspiration and comfort by utilizing current home interior trends. Bring the good vibes of summer inside while ditching the heat.

Adding plants into the home not only adds a pop of natural green but can improve emotional health as well. Adding foliage, especially in rooms where you spend most of your time, can improve mood by lowering stress levels and promoting soothing thoughts. Perfect for summer.

Gold-colored accents can make the living room, bedroom or entryway feel warm and inviting. Like the inviting hue of a shining summer sun, notes of gold can help one feel at ease when relaxing at home. Used in excess, gold can quickly become gaudy – but when used to embolden more prominent color choices, it adds depth and character. Bring the beach home without the sand by adding gold accents alongside seafoam green and dark blues. This can create a sensation of

light shimmering on the cresting waves of a calm ocean.

There's no reason why positivity shouldn't trickle into the office. Our warm weather offers a chance to throw open the windows and let in some fresh air to promote creativity and motivation. Filling the space with inspirational quotes, productivity accessories and desk plants can help to keep an eye on the prize. Bringing a desk away from the wall and into the center of the room, instantly creates a space that feels open and inviting – a place where productivity is at its highest.

Incorporating pastels is a surefire way to lighten up a room. According to *The Cut*, pale pink – also called blush, delicate pink, or millennial pink – first became widely used in 2012 and has only grown in popularity. Unlike more intense shades of pink, this comforting hue is gender neutral and pairs well with blues, grays and purples. This season, consider adding pale pink with Pantone's color of the year – ultraviolet. Pale pink with darker accents adds depth and visual interest, creating a calming atmosphere.

Remember those vintage photos of your grandparents sitting poolside in their brightly colored swimwear and sunglasses? Channeling those groovy vibes can be done by adding faux vintage lamps, chairs and tables. Bring back the good old days by adding a few tropical-themed pieces inspired by citrus fruits and birds of paradise.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindeciden.com.✱

Marketing Firm Hires Account Manager

Priority Marketing has hired Nicki McTeague as an account manager focused on providing solution-driven services for a diverse array of businesses, nonprofit organizations and government agency clients.

As an account manager, McTeague works with the firm's creative, public relations and digital teams to develop strategies to achieve the marketing goals for a variety of clients in the public and private sector.

McTeague previously was a special event planner and marketing assistant for Lee Health Foundation, where she was directly responsible for all aspects of special events execution, which included identifying, cultivating and stewarding corporate, community and individual supporters. She also assisted in implementing strategies to enhance digital marketing, special events management, brand awareness and overall marketing communication



Nicki McTeague

photo provided

for the foundation. McTeague's prior positions include administrative specialist at Lee Health's Regional Cancer Center and sports marketing intern with the Fort Myers Miracle.

McTeague earned a bachelor of science degree in business management from Florida Gulf Coast University in Fort Myers.✱

Financial Focus

Steps To Boost Retirement Security



by Jennifer Basey

To raise awareness about the importance of saving for retirement, Congress has dedicated October 21 to 27 as National Retirement Security Week. And the evidence shows

that increasing this awareness is indeed important. Consider this: Some 50 percent of households are considered at risk of not having enough money to maintain their living standards in retirement, according to the National Retirement Risk Index, produced by the Center for Retirement Research at Boston College.

What can you do to help yourself stay out of the "at risk" category? Here are a few suggestions:

Define what retirement security means to you. Everyone has different ideas about what a secure retirement looks like. You might feel that true security means being able to remain in your current home and live independently throughout your life. Or you might only feel secure if you know you can afford to travel or help your grown children or grandchildren financially. Once you've identified your own vision of retirement security, you should be able to determine the financial resources you'll need to reach your desired outcome.

Create an appropriate financial strategy. To achieve your idea of a secure retirement, you can't just hope for the best – you need to create a comprehensive financial strategy, accounting for your various sources of retirement income:

Social Security, pensions, employer-sponsored retirement plans, your investment portfolio and so on. You need to know how much you can expect from these sources, and how you can strengthen them.

Be diligent in your retirement savings. You could spend two or three decades as a retiree, so you'll want to accumulate as many resources as you possibly can – and that means you'll need to save and invest diligently during your working years. Put in as much as you can afford to your 401(k) or other employer-sponsored retirement plan – and every time your salary goes up, try to increase your annual contributions. But you can also go beyond your employer-backed plan and contribute to an IRA. In all your retirement accounts, you'll want to include a reasonable percentage of growth-oriented investments, within the limits of your personal risk tolerance.

Establish an appropriate withdrawal strategy. Your retirement security isn't just based on how much you've built up before you retire – it also depends on how you manage your assets and investment income during retirement. As you begin to take out money from your 401(k), IRA and other investment accounts, you need to establish a withdrawal rate appropriate for your age, retirement lifestyle and asset level. If you take out too much each year, you risk outliving your resources, but if you withdraw too little, you might be shortchanging yourself on your quality of life. You may want to work with a financial professional, who can review your entire situation – income, expenses and so on – and recommend an appropriate annual withdrawal figure.

These aren't the only keys to attaining retirement security – but they can still help you move toward that goal. Keep them in mind as the years go by.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✱

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Florida Gulf Coast University President Mike Martin, fifth from right, and President Emeritus Wilson Bradshaw, seventh from right, and other dignitaries break ground on the new Recreation & Wellness Center

photo provided

FGCU Breaks Ground On Wellness Center

Florida Gulf Coast University officially broke ground on its Recreation and Wellness Center recently.

The two-story building will feature a double gymnasium, group fitness room, multipurpose room, strength & fitness room and cardio deck as well as an observation concourse, administrative suite, exterior event plaza and exterior fitness area. The 47,737-gross-square-foot facility is slated to open in the spring of 2020 and will cost roughly \$15 million to construct.

Speaking at a groundbreaking ceremony at the campus' South Village site, FGCU Board of Trustees Vice Chair Robbie Roepstorff said there are five critical ways the new center will benefit students.

"Exercise improves memory," she

said. "Exercise improves and increases focus. It improves mood. It also releases stress... and exercise promotes brain development."

The Recreation & Wellness Center will help the campus recreation department reinforce the impacts that a healthy student life has on student success. The additional physical space gives the department the ability to grow its programs and activities.

"This [new center] is where students come to build relationships with their fellow students," said Amy Swingle, director of FGCU campus recreation. "They get a sense of learning, a sense of well-being and others. They also get to build relationships and a connection to the university that's usually very personal and positive."

In addition to Swingle and Roepstorff, FGCU President Michael Martin and his predecessor, President Emeritus Wilson Bradshaw, along with Student Government Association President Jalisa White celebrated the new building.✱

Deadline Approaching For Teacher Grants

The deadline for the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) 13th annual Teacher Conservation Grants is October 31. Up to \$10,000 in grant awards are available to districts, schools, and individual teachers in Lee, Charlotte and Collier counties this school year for conservation education-related projects.

Teachers in the three-county area may apply for grants up to \$1,000 each to fund new classroom science projects, promote stewardship, purchase teaching aids, acquire classroom materials, and conduct work projects in their community or beyond. This year, two grants up to \$3,000 are also available for school- and district-wide projects.

The approved proposals will be awarded by December 2018 for projects to be completed by May 2019.

"Our conservation grants are an important part of the society's mission to educate and create future conservation stewards out of our young students of today," said Wendy Kindig, DDWS Environmental Education Committee chair. "This year, we are offering two new \$3,000 grants to encourage larger creative projects that will touch more students. Plus, we still offer \$1,000 grants for teachers with single-class projects or smaller needs."

In the past 12 years, DDWS has granted more than \$80,300 to local schools for environmental projects. The teacher grants are funded by the DDWS Conservation Education Endowment Fund established by Jay "Ding" Darling's grandson, the late Kip Koss.

To make a tax-deductible donation in support of the fund, contact DDWS Executive Director Birgie Miller at 472-1100 ext. 4 or director@dingdarlingsociety.com.

For more information, visit tinyurl.com/dinggrants, contact Sierra Hoisington at 472-1100 ext. 4 or shoisi@dingdarlingsociety.org.✱

FSW And FGCU Form Partnership

Two of southwest Florida's largest educational institutions, Florida SouthWestern State College (FSW) and Florida Gulf Coast University (FGCU), have come together to form a new partnership to benefit students in Southwest Florida. FSW President Dr. Jeff Allbritten and FGCU President Dr. Michael Martin formally signed the partnership agreement during a ceremony on September 28, officially launching Destination FGCU.

Under Florida's 2+2 articulation agreement, students who complete an associate degree at a Florida college already have the opportunity to earn a bachelor's degree at a state university or Florida college offering four-year degrees. The Destination FGCU partnership will strengthen the 2+2 agreement between the two institutions by creating a cooperative program among the admissions, advising and registration offices of both schools that will allow for the seamless transfer of students graduating from FSW who wish to earn a bachelor's degree from FGCU.

"Destination FGCU provides a clear and concise path for all students who want to take advantage of the 2+2 statewide articulation agreement in our primary service areas," said Dr. Allbritten. "It also strengthens the relationship between FSW and FGCU, which in turn strengthens our region. We look forward to working alongside our FGCU counterparts in providing our local students with the



Dr. Jeff Allbritten and Dr. Michael Martin


photo provided

educational opportunities and degrees they desire while keeping them where they are needed the most, in our Southwest Florida region."

The partnership will also allow for a reverse transfer option so FSW students who are transferring to FGCU will be able to apply their FGCU coursework toward an eligible associate degree at FSW.

Additionally, the partnership agreement provides students in FSW's Honors Scholar Program a pathway into FGCU's Honor's College, and it creates a scholarship program for students graduating from FSW's collegiate high schools who wish to earn a bachelor's degree from FGCU.

"This agreement represents a shared commitment to student access, affordability and success," said FGCU President Mike Martin. "It allows us to tailor make a pathway to a degree based on each student's needs and aspirations. Through this collaboration, emphasizing each institution's unique strengths, we will be both more effective and more efficient."✱



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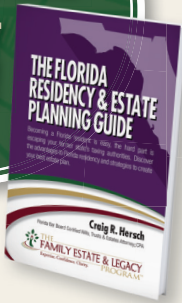
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Knicks Dump Noah, But Gator Fans Will Recall His NCAA Championships



by Ed Frank

Let's roll back the calendar more than a decade to the glory years of University of Florida basketball when the Gators won back-to-back national championships.

In 2006 and 2007, Florida won those titles with teams led by Joakim Noah and Al Horford and coached by Billy Donovan, marking the last team to win back-to-back championships.

Those memories came to light last week with reports out of New York that the Knicks had dumped Noah after two disappointing and controversial seasons. The bombastic Noah had played nine seasons with the Chicago Bulls who had selected him as the ninth pick in the 2007 draft. Despite his great talent, he was

a problem child for the Bulls in his early years.

Once, his teammates actually suspended him for a few games after he got into it with one of the coaches. But no one ever doubted his great talent. He was voted NBA Defensive Player of the Year and first team All-NBA in 2014.

And his salary climbed from \$2.1 million to \$13.4 million in his last season with the Bulls.

He had begun battling injuries when the Knicks signed him to a four-year, \$72 million free-agent deal. His first season with the Knicks ended with a 20-game suspension for a failed drug test – a suspension that carried over to the start of the 2017-18 season. He

also clashed with former Knicks coach Jeff Hornacek.

Unable to regain his job in the starting rotation, Noah averaged just 4.6 points and 7.9 rebounds in 53 games with New York.

We shouldn't, however, feel sorry for Noah as the Knicks will be paying him \$6.4 million a year annually until 2022. And there are reports that the Minnesota Timberwolves and the Los Angeles Lakers may be interested for his services in backup roles.

Meanwhile, his Florida sidekick, Al Horford, has had a distinguished NBA career, nine years with the Atlanta Hawks and two with the Boston Celtics. He will earn approximately \$29 million this season with Boston.

As for Donovan, the most successful coach in the history of Florida basketball, he has also moved to the NBA as coach of the Oklahoma Thunder.

If you're a Florida Gator fan, you will likely never forget those championship years with Noah and Horford.

World Series Betting Odds

Writing this column at the beginning of this week, the Los Angeles Dodgers and the Milwaukee Brewers were tied 1-1 in the National League Championship Series and the Boston Red Sox and the Houston Astros likewise were tied one game apiece in American League Championship Series.

Here were the MLB Future Odds on the World Series as the week began:

Houston 8/5

Los Angeles 13/5

Boston 3/1

Milwaukee 5/1

But with Milwaukee winning Game Three over the Dodgers to take a 2-1 game lead, those odds have likely changed.*



Sailboats compete in a divisional race at the Sunnyside Regatta

photo provided

Sunnyside Regatta Results

The 53rd annual Sunnyside Regatta, hosted by the Caloosahatchee Marching and Chowder Society, featured races in four divisions off the coast of Fort Myers Beach during the

weekend of October 6 and 7. Proceeds benefit youth sailing in Southwest Florida.

In the Spinnaker Division, Gary Schwarting of Naples on his boat *Obsession* captured first place. Jason Richards of Naples on his boat *T-Bone* took second place, while Eric Milbrandt of Fort Myers, on his boat *Full Tilt* placed third.

In the Non-Spinnaker Class, Paul

McDill of Fort Myers Beach on his boat *Essence* captured first place. Tom Horner of Cape Coral on his boat *Eroica* took second place, while Arthur Schuller of Cape Coral on his boat *Radiant* placed third.

In the True Cruising Class, Mike Busher of Punta Gorda on his boat *Serendipity* captured first place. John Finnegan of North Fort Myers on his

boat *Castaways* took second place, while Bobby Lee of Fort Myers on his boat *Sharon L* placed third.

In the Cruisers Coastal Race, James Gallagher of Fort Myers on his boat *Calusa* captured first place. Kim Brown of Fort Myers on his boat *Trust Me* took second place, while Bob Duff of Fort Myers on his boat *Chase the Clouds* placed third.*

SPORTS QUIZ

1. In 2017, the Angels' Mike Trout became the fourth player in American League history to hit 20-plus home runs six times before turning 26 years old. Name two of the three others.
2. The New York Yankees' C.C. Sabathia, in 2017, became the fourth left-hander to strike out at least 2,800 batters. Who are the other three?
3. In 2017, Atlanta QB Matt Ryan became the first NFL quarterback to toss three touchdown passes in four consecutive playoff games. Name three of the five others tied at three games.
4. When was the last time before 2018 that the University of Virginia's men's basketball team beat the Blue Devils at Duke's Cameron Indoor Stadium?
5. Chris Kunitz won three Stanley Cups with the Pittsburgh Penguins (2009, '16, '17). With which team did he win his first Stanley Cup?
6. Who was the first American male to win gold medals at three separate Winter Olympics?
7. Name the only female golfer to make the cut at a PGA Tour event.

ANSWERS

1. Mickey Mantle, Alex Rodriguez and Tony Conigliaro. 2. Randy Johnson (4,875 strikeouts), Aaron Rodgers and Kurt Warner. 3. Tom Brady, Joe Flacco, Bernie Kosar, Steve Carlton (4,136) and Mickey Lolich (2,832). 4. It was 1995. 5. Anaheim, in 2007. 6. Shaun White. 7. Babe Didrikson Zaharias, in 1945.

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Scholarships Awarded To FGCU Students

Four Florida Gulf Coast University (FGCU) students were recipients of the Paul Sands Memorial – Real Estate Investment Society Scholarship recently. Chezanne McLeod, Randy Lopez and Seth Thompson were each awarded \$2,500 scholarships to apply toward tuition and books.

These outstanding scholars also received honorary membership in REIS for one year and may attend meetings on a complimentary basis.

"We welcome outstanding scholars to join us, to learn about the area's commercial real estate industry and develop relationships with members of the business community," said REIS President Bev Larson. "The REIS scholarship programs represent our commitment to our professions and our community. We



From left, REIS Scholarship Chair Mark Morris, scholars Chezanne McLeod, Randy Lopez and Seth Thompson, REIS member Lisa Sands and FGCU Professor Dr. Tim Allen. photo provided

support student interest in business by providing financial assistance for their higher education and welcoming them to participate in our meetings and educational programs. Our goal is to promote the professionalism of our future business

leaders and thereby the economic vitality of our community."

McLeod is a senior, majoring in legal studies, minoring in real estate and looking forward to working in a real estate law firm. She works full-time in a

property management firm while attending FGCU. Lopez is a junior, majoring in pre-finance. He is a resident assistant with the housing department at FGCU and intends to be a real estate financial analyst after graduation. Thompson is a senior, majoring in finance. He currently interns with a commercial real estate brokerage and looks forward to a career as an investment advisor.

Mark Morris, chairman of the REIS scholarship committee, explained that the Paul Sands Memorial – REIS Scholarship is an endowed FGCU scholarship program, funded by REIS Scholarship Foundation, a not-for-profit, registered 501(c)3 corporation. Continuing contributions from REIS and the annual Paul Sands Memorial Slaw Dog Invitational Golf Tournament have increased and sustained the fund.

Information on contributing to the REIS scholarship program is available by visiting www.reis-swfl.org or calling Mark Morris at 489-3303 ext. 175. Criteria, school contacts and other information on the program are also available at the REIS website.*

Envision 2030 Plan Approved

The Lee County School Board gave its approval Wednesday to a new strategic plan to guide the School District of Lee County into the next decade. Envision 2030 builds off the improvements of Vision 2020 and adds new elements for further success.

"Vision 2020 led the district to some historic levels," said Superintendent Dr. Greg Adkins. "We reached our highest high school graduation rate ever in 2017 and believe 2018 could be better. We also went from 23 schools in state reviewed differentiated accountability to just one. Envision 2030 will lead us to even higher levels of achievement."

Envision 2030 defines the district's priority as Student Success, with the strategic objective of meeting the academic and social needs of each student. This aligns with the district's mission to ensure each student achieves his/her highest personal potential. Success is measured by mastery of core subject matter, development of social-emotional and foundational skills, and sustainability.

The plan also details key strategic initiatives, broken down into priorities for 2018 through 2020, 2021 through 2025 and 2026 through 2030. These strategies include ones that will transform instruction to meet the individual needs of each student, as well as strategies aimed at improving the effective and efficient operation of the district as a whole. Implementation is expected to make the district a more collaborative and cohesive organization.

The final piece of the plan defines 24 three-year goals, 11 of which are specific to academics. These include increasing the percentage of pre-kindergarten students identified as prepared for kindergarten, increasing proficiency in key subjects, further improving the graduation rate, having more students take accelerated course work, reducing the achievement gap, and decreasing out-of-school suspensions.

Other three-year goals include

improving the safety of students and staff, reducing transportation expenses, maintaining construction costs at or below the median state cost, decreasing instructor turnover, increasing teacher retention, and raising the level of customer satisfaction. All goals will be reviewed and refined annually, with additional targets added each year so the plan maintains three-year goals.

"I am extremely proud of our students, the dedication of our teachers, and the commitment of our administrative staff," said Superintendent Adkins. "I can't wait to see how Envision 2030 helps us be a more personal, passionate, and progressive district that fulfills its vision of being a world-class school system."*

From page 1

Air Show

of Naples has been appointed honoree guest and will be recognized during opening ceremonies on October 21. Smith graduated from the U.S. Air Force Academy in 1965 and later flew 90 F-4 fighter combat missions over Laos and North Vietnam before being shot down in January 1968. For five years and two months, he survived as a POW and in March 1973, he was repatriated as a captain.

In addition to the air show, the Law Enforcement Torch Run-way 5K will be held on the runway on Saturday, October 20 at 7 a.m. Participants, who are asked to arrive at 6:30 a.m., will receive a general admission ticket into Saturday's show along with a Law Enforcement Torch Run-way 5K/Air Show T-shirt. Finisher medals will be given to the first 300 runners to enter and placement medals for first, second and third place in women's and men's divisions. Cost is \$45 at the gate. Register in person at the Charlotte County Sheriff's Office in Punta Gorda on Friday, October 19 from 5 to 6:30 p.m. or on Saturday, October 20 from 6:30 a.m. to race time. Proceeds benefit Special Olympics Florida.

For tickets to the air show or for more information, visit www.floridaairshow.com.*

Registrar Named At University

Joshua Carcopa has joined Hodges University as registrar.

"Josh brings extensive university experience in strategic planning, management and operational expertise in student services," said Dr. John Meyer, president of Hodges University.

Prior to joining Hodges University, Carcopa was the director of enrollment services at LPF Services in Lenexa, Kansas. In his more than 10 years of experience, his roles have included registrar, associate registrar, and transfer and prior learning assessment manager.

He earned his bachelor of arts degree in English literature from the University of Central Missouri, Warrensburg before graduating with his master of business administration in international business from the University of Wales, Swansea, United Kingdom.

He is a member of the Council for Adult and Experiential Learning.*



Josh Carcopa

Gray Triggerfish Harvest Closes

The Florida Fish and Wildlife Conservation Commission (FWC) approved a federal consistency measure closing recreational gray triggerfish in Gulf of Mexico state waters effective September 28. This closure is in response to harvest projections indicating that the 2018

federal recreational quota for gray triggerfish has been reached. The closure will remain in effect through December 31. The fishery will reopen on March 1, 2019, following the annual January and February recreational harvest closure.

This closure is intended to help ensure the species is sustainably harvested. Learn more at www.fisheries.noaa.gov.*

Grant Agreement For Water Project Amended

The Lee Board of County Commissioners recently approved a grant amendment agreement with the Florida Department of Environmental Protection to increase total grant funding to \$2 million for the Nalle Grade Stormwater Project.

The project is designed to intercept stormwater runoff from the Bayshore Creek watershed just downstream of Nalle Grade Road. Water will be pumped from an existing channelized section of the waterway and placed into a settling area for pre-treatment. Then, it will be delivered into a restored wetland area for further pollutant removal before returning to Bayshore Creek. The system is designed to bypass flood flows when major storm events occur so as not to contribute to area flooding.

The Caloosahatchee estuary has a total maximum daily load (TMDL) designation for total nitrogen and an adopted State of Florida Basin Management Action Plan to lower this pollutant. Commissioners spend millions of dollars annually on projects to reduce pollutants in the estuary.

Construction is expected to begin in January 2019. The total cost of the project is estimated at \$3.2 million, which includes the grant funding.*

Alliance Winners From Dia De Los Muertos Exhibition

Local artists from all around Southwest Florida and beyond submitted more than 120 pieces for consideration in the Alliance for the Arts' Dia de los Muertos exhibition. After consideration from the juror, 72 pieces were unveiled to the public during an opening celebration on October 5 that featured face painting from Krafty Kate's Face Painting Kreations LLC, interactive art projects, flower crowns and arrangements with Alice's Table-Southwest Florida, tequila tasting and light refreshments. The exhibit will continue through November 3.

Jay Lana was awarded \$250 for Best in Show for his paper mache piece *From Mictlan*. Richard Bravo won a \$125 Golden Colors Gift Certificate for his 2nd place acrylic work, "Afro Americana" Rachelli Linz won \$75 for 3rd place for her oil painting, "Pour Vida." Bruce MacKechnie and Luciano DeAndrade were awarded honorable mentions.

"We're so proud to be exhibiting this show," says exhibitions coordinator Krista Johnson. "The submissions truly showcase the beauty and vitality of the Dia de los Muertos holiday."

Full list of exhibiting artists include: Cesar Aguilera, Taylor Anslinger, Elisabeth Arena, Jayne Baker, Mary Barbato, Kyra Belan, Patrick Benjamin, Bonnie Bohn, Richard Bravo, Donna Chase, Steve Conley, Ashley Craig, Luciano DeAndrade, Sean Donovan, Diane Dowthitt, Diane Chernow, Lisa Duritsch, Paula Eckerty, Cheryl Fausel, Estefani Figueredo, Marilyn Frank, Anne Friedman, Janet George, Carolyn Gora, Dom-O-Nick (a.k.a. Bernard) Gorniak, David Hammel, Jacqueline (Buffy) Izzo, Krista Johnson, Leo Johnson, Jay Lana, Claude Lyles, Raschelli Linz, Doug MacGregor, Bruce



Barbara Yeomans photos provided



Holly Zammerilla and Lucy Gobbi Costa



Jay Lana, who captured first place with his winning paper mache art *From Mictlan*, and presenter Krista Johnson

MacKechnie, Nance Marsden, Jasmine Martinson, Julie Obney, Jeff and Dale Ocasio, Sue Osin, Margaret Paul, Charles Pompilius, Gregory Presley, Sharon Rodgers, Mary Beth Scott,



From left, Jeff Ocasio, Nick Zammerilla and David Hammel

Terry Lynn Spry, Spyter Marie, Alyssa Stoff, Lisa Tracy, Pam Trent, Africa Valdez, Mallory Vanderpool, Pamela Volz, Susan Schafer Walker, Shirley Wendt, Susan Wingenroth, Barbara

Yeomans, Holly Zammerilla, Peter Zell Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org.



Joanne Marley and Colleen North



Rachelli Linz took third place and won \$75 for her artwork *Pour Vida*



Rich Bravo with his \$125 Golden Colors Gift Certificate for his second place art *Afro Americana*



Sonya McCarter and Cicero McCarter

Nursing Program Celebration This Saturday

The nursing program at Florida SouthWestern State College (FSW) will mark its 50th anniversary with a celebration for FSW and Edison nursing program students, future students, alumni, their families and FSW community clinical partners at the FSW Thomas Edison Campus, Building AA on Saturday, October 20 from 11 a.m. to 3 p.m.

In 50 years, there have been 6,369 FSW/Edison nursing program graduates and countless patients cared for in the Southwest Florida community and beyond. Training students in the FSW's nursing program have evolved from practicing on their nursing program classmates to using high-tech patient simulators, which can perform many of the same functions human patients do.

They can talk, blink their eyes and react to light, register blood pressure, create heart and lung sounds, bleed and even give birth.

But while training methods have changed, the care and compassion that nurses provide to patients has not.

"Nurses have a special empathy toward others that allows them to provide patient care at some of our most difficult moments," said Dr. Deborah Selman, interim associate dean of nursing programs. "They are vital to our hospitals, doctors' offices and medical facilities, and we all rely on them for our medical care throughout our lives. FSW is proud to have provided these essential caregivers to our community for the last 50 years, and we look forward to many, many more."

FSW Thomas Edison Campus is located at 8099 College Parkway in Fort Myers. For more information, or to RSVP to the celebration, contact Antonio Garcia at antonio.garcia@fsw.edu.



FSW nursing program training students work on a high-tech patient simulator

photo provided

Evaluate Your Medicare Benefits For Free

Did you know that Medicare health insurance and drug plans can make changes each year by revising things like cost, coverage, the prescriptions they include, and their list of in-network providers and pharmacies? Fortunately, just like the insurance providers, beneficiaries can also make changes to their Medicare coverage each year. The Medicare Open Enrollment Period from October 15 through December 7 is the time to make adjustments to your plan to ensure that you have the best coverage to complement your health needs for 2019.

Experts from the SHINE (Serving Health Insurance Needs of Elders) will offer free, unbiased, one-one-one counseling at FISH of SanCap and Sanibel Congregational United Church of Christ on Thursday, November 15. Drop-in counseling will be offered on a first-come, first-served basis. Counseling is also available every Tuesday from October 23 through December 4 at the AAASWFL headquarters, located at 15201 North Cleveland Avenue suite 1100.

Counselors will be on site at all locations from 10 a.m. to 3 p.m. Beneficiaries are asked to bring their Medicare card and a list of prescription drugs with dosage.

SHINE is a program of the Florida Department of Elder Affairs and is operated locally through the Area Agency on Aging for Southwest Florida

(AAASWFL). Specially-trained SHINE counselors help educate and empower Medicare beneficiaries, their families, and caregivers to understand their health care options so they can make the best decisions for their individual needs.

SHINE counseling is also available by appointment year-round in Lee County. To receive help from SHINE, individuals may call to schedule appointments at designated SHINE counseling sites, attend enrollment events in their local communities, or arrange to speak with a trained SHINE counselor at 1-866-413-5337 (866-41-ELDER). For a listing of SHINE counseling sites and enrollment events, visit www.floridashine.org.

Local Red Cross Hurricane Relief

The Southern Gulf Chapter of the American Red Cross has sent nine volunteers and staff members to the Florida Panhandle and Alabama to assist with Hurricane Michael relief efforts. The Red Cross quickly responded to its second large-scale hurricane relief effort in less than a month, even as it continues to provide support to victims of Hurricane Florence.

"Even though Hurricane Michael won't directly affect our region, we sent as much support to our neighbors in North Florida," said Jill Palmer, executive director of the Southern Gulf Chapter and one of the staff members deployed to assist. "We are so proud that our Southern Gulf volunteers are always ready to deploy at a moment's

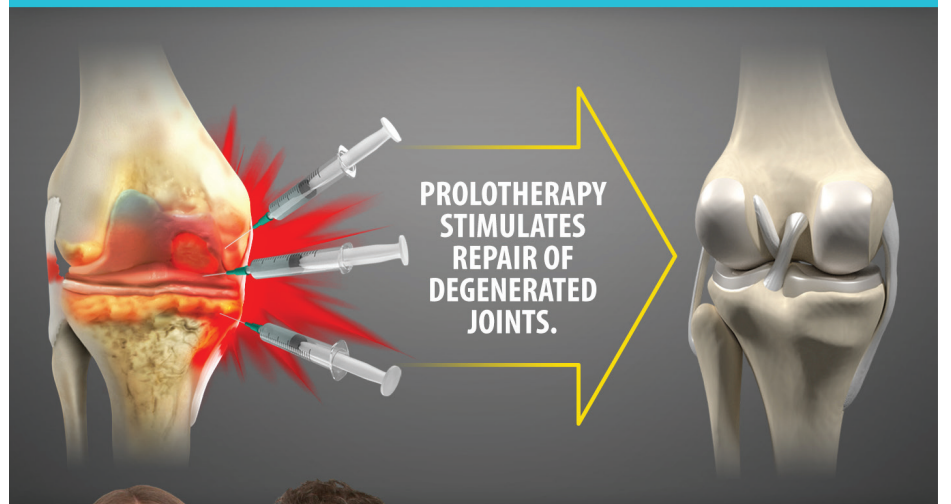
notice, and we will be standing by in case more support is needed."

Hurricane Michael came ashore along the Gulf Coast on October 10 in what officials are calling the worst storm that has threatened the Florida Panhandle in a century. Approximately 4,000 people stayed in nearly 70 Red Cross and community evacuation centers across Florida, Georgia and Alabama the night before. The Red Cross has pre-positioned enough shelter supplies, including cots and blankets, to be able to support some 15,000

people after landfall, and has mobilized additional relief supplies, vehicles and other equipment to help people in the affected areas in addition to more than 500 trained disaster workers on their way to the region.

To help people affected by Hurricane Michael, visit www.redcross.org, call 1-800-RED CROSS or text the word MICHAEL to 90999 to make a \$10 donation. Your donation enables the Red Cross to prepare for, respond to and help people recover from this disaster.

GET CURED! PROLOTHERAPY CAN SAVE YOUR JOINTS!



From page 1

Hibiscus Sale

Besides reds and yellows, there will be blues, greens, purples, oranges, pinks, whites and some with up to five colors.

More than 50 different plants will be available. Members of the hibiscus chapter will be available to answer any questions. There will be information available on how to care for hibiscus,

plus books, pruning shears and fertilizer for sale. Admission and parking are free.

The James E. Hendry Chapter meets on the second Tuesday of each month at 1:30 p.m. at Berne Davis Gardens, located at 2166 Virginia Avenue in Fort Myers. The next meeting will be held on November 11. Visit www.hendrychapterhibiscus.com or call 848-7090 for more information.



KATHERINE WORSNICK, MPAS, PA-C

ROSS HAUSER, MD

239.308.4725
CaringMedical.com

Caring Medical Regenerative Medicine Clinics
9738 Commerce Center Ct.
Fort Myers, FL 33908

deaRPharmacist

Essential Oils To Help You Relax And Sleep



by Suzy Cohen, RPh

Dear Readers: One of the most powerful attributes of essential oils is that they contain powerful compounds with constituents in them that promote relaxation. It's fun to experiment with oils

because they work. Doctors from around the world have used oils to relax patients prior to surgery, ease depression and anxiety, and impact GABA receptors, which calm us down. Fragrances instead of pills – it's a novel idea, right?!

In one fascinating study, researchers learned that sniffing jasmine essential oil may be as effective as commonly prescribed barbiturates or benzodiazepines when it comes to inducing calm and sleepiness.

Essential oils do not pose serious adverse health risks or side effects such as daytime drowsiness, morning hangovers or tolerance withdrawal. Also, unlike OTC sleep aids, they don't induce anticholinergic side effects such as constipation, blurry vision and dry mouth.

The easiest way to get essential oils into your blood stream within seconds is to inhale them. Pour a few drops onto the palms of your hands, rub together and inhale deeply. Do this three to five times, then rub your palms onto your neck, or the bottoms of your feet.

My favorite way to use essential oils at night is in a diffuser. You can add a few different oils to the diffuser and enjoy

better sleep. Here are a few ideas to get you started:

Lavender Dreams – If there's one, number one proven oil to relax the body and mind, ease melancholy and enhance sleep, it's lavender. Combine lavender essential oils with any number of other oils for great sleep. For example, you could mix it with vetiver, frankincense or calendula. My favorite is three drops lavender combined with three drops sandalwood (equal mix) plus one drop bergamot, all in my little diffuser by the bed. I nicknamed it lavender dreams, lol.

Sleep Like a Baby Blend – Another blend for enhanced sleep and relaxation is four drops clary sage essential oil, four drops ylang-ylang essential oil, four drops Roman chamomile and two drops wild orange (or bergamot). Depending on the size of your diffuser, you may want to use fewer drops. But either way, keep the ratio the same.

Clary sage, ylang-ylang and Roman chamomile are wonder ingredients for promoting relaxation and curbing anxiety. Clary sage is especially effective for helping women balance hormones, including fat-storing cortisol, which leads to belly fat.

The Knock-Out Blend – For when sleep seems like the farthest thing from your mind, and you've been in front of that computer all day with all that circadian-disrupting blue light pouring into your eyeballs, this is the blend I really recommend. Combine three drops each of frankincense, bergamot and sandalwood essential oils.

Instead of filling your home with synthetic perfumes that have hundreds of strange artificial chemicals, try natural essential oils.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✽

Howard, NAMI Lee, Charlotte and Hendry Counties executive vice president. "Through our public, active display of support for people affected by mental illness, we are combatting the stigma and letting them know it's OK to reach out when they need help."✽

Signature Chefs Raise \$375,000 For March Of Dimes

The March of Dimes Signature Chefs Auction on October 3 at the Hyatt Regency Coconut Point Resort and Spa raised \$375,000, which was \$210,000 more than last year's record-setting total.

Presented by the Higdon Group, the sold-out event featured 17 of the top culinary masters in Southwest Florida. Event co-chairs Josh and Lisa Dorcey will be co-chairing again in 2019.

Proceeds go to the March of Dimes, the leading nonprofit organization for the health of all moms and babies. For the latest resources and information, visit marchofdimes.org or nacersano.org.✽

Doctor and Dietician

The Problem With Cortisone



by Ross Hauser, MD and Marion Hauser, MS, RD

A cortisone injection is a conventional treatment for joint pain. But did you know that receiving a cortisone shot is one of the quickest ways to weaken your joint? Cortisone and other steroid injections increase the arthritic rate and have detrimental effects on articular cartilage. Yes, that is correct! Corticosteroids, such as cortisone and prednisone, have adverse effects on joint healing. Corticosteroids inactivate vitamin D, which limits calcium absorption. They also inhibit the release of growth hormones and chondrocytes, the cells that make articular cartilage, which further decreases the ability of the joint to repair. Ultimately, corticosteroids lead to an overall decrease in bone, ligament and tendon strength. The result is a weakened

joint, which perpetuates the cycle of increased joint pain and recommendation for more cortisone. Though these injections have played a huge role in pain management, their use should be limited. It is true that steroid injections may reduce pain, but they do so at the cost of destroying tissue. Studies show that even after one steroid injection, cartilage remains impaired.

Unfortunately, many people suffering from chronic pain look for quick relief without thinking about the long-term side effects that could occur. For example, athletes often receive cortisone shots in order to continue to play. They then go onto the playing field with their injuries. Because they feel no pain, they play as if the injury does not exist. The athlete is, therefore, causing further injury by playing beyond what the joint is safely capable of handling. The same goes for non-athletes who are just trying to stop the pain in order to perform daily activities. The alternative to cortisone is regenerative injection therapy, like PRP or prolotherapy, which is the opposite of cortisone and make more sense for most chronic pain conditions.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✽

Free Women's Symposium On Cancer

The 8th complimentary women's symposium on cancer called Powerful Women Powerful Choices will be held at the Hyatt Regency Coconut Point on Saturday, November 17 from 8:30 a.m. to noon.

The event is designed to emphasize the significance of women taking control of their health and will focus on cancers most relevant to women. Women from around the community will learn about ways to improve their health and change their life. It is also an opportunity for women to become more educated about cancer and treatments, including lung cancer, breast cancer, colorectal cancer, urologic cancers and immunotherapy.

The symposium is sponsored by 21st Century Oncology, Lee Health, Radiology Regional Center, Florida Cancer Specialists and *Gulfshore Life* magazine.

"We are honored to recognize our incredible women physicians and leaders who are dedicated to the treatment and prevention of cancer," said Kim Commins-Tzoumakas, CEO of 21st Century Oncology.

This year's keynote speaker will be Joan Watson, a 15-year ovarian cancer survivor, registered nurse and teacher. The event will feature lectures by expert physicians who treat cancer, including:

Breast Cancer: Early Detection Saving Lives - Advancements in Imaging with

Mary Kay Peterson, MD

Lung Cancer: Advances in Early Detection and Treatment with Liliana Bustamante, MD

Colorectal Cancer: Let's Scope for Hope! with Valerie Dyke, MD, FACS, FASCRS

Urologic Cancer: The Importance of Evaluating Microhematuria (blood in urine) with Joanna Chon, MD

Immunotherapy: Understanding Basic Cancer Concepts and Cancer Treatment in the Era of Immunotherapy with Bianca de Souza, MD

The event will also feature a fashion show, and breakfast will be provided. Registration is required and seating is limited.

The Hyatt Regency Coconut Point is located at 5001 Coconut Road in Bonita Springs. For more information or to register, visit www.powerfulwomeninfo.com or call 936-0382.✽

From page 1

Dining Event

invites guests to prepare their own five-star, four-course meal with guidance from chefs Mike and Karen Gavala.

Cost is \$250 per couple or \$1,000 per table of eight people. Cooking for the Arts is sponsored by *The News-Press*, Clinger, Sizemore & Associates, Merrill Lynch and Henderson Franklin Attorneys at Law.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, call 333-1933 or visit www.sbdac.com.✽

NAMI Benefit Raises \$37,000

The first annual NAMIWalks Southwest Florida 5K walk at the City of Fort Myers Pier on September 29 exceeded its registration goal and generated \$37,000 for vital mental illness programs and services that are provided to those in need free of cost.

The NAMI (National Alliance on Mental Illness) Lee, Charlotte and Hendry counties hosted event drew more than 600 people who walked together to raise awareness and funds for mental health.

Mayor Randy Henderson served as the honorary chairperson and local WINK-TV morning anchor Corey Lazar served as the NAMIWalks ambassador. Both were in attendance as the bridge in downtown Fort Myers was filled with those becoming a part of a movement that improves lives and communities one step at a time.

Celebrating its 16th year, NAMIWalks takes place in more than 85 communities across the country.

"Mental illness is too tough to walk alone. We want to thank all of our walkers, volunteers and supporters for making our first NAMIWalks successful," said Vacharee

PETS OF THE WEEK

photos provided

Haven on Earth Animal League

Siamese And Dylan

H! I'm a beautiful 12-year-old male Siamese cat named Siamese. I am a very sweet kitty and am in need of a new home as my human can no longer keep me. I am looking for a quiet home with someone who wants to give me lots of affection. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$75.

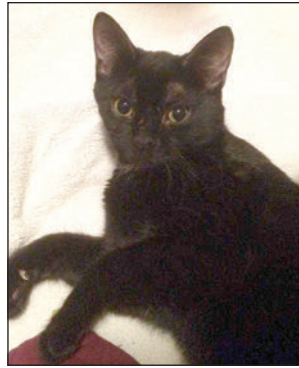
Hello, I'm Dylan. Aren't I just adorable? I'm only 8 months old, so I'm quite the playful kitten. I



Siamese

like other cats and hope I can find a home with another young kitty to play with. I'm neutered and up to date on all vaccines. My adoption fee is \$100. To find out more about me, call Diane at 860-833-4472 or email Haven on Earth Animal League at www.havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.



Dylan

Lee County Domestic Animal Services

Daphne And Kimmie

Hello, my name is Daphne. I am a 4-year-old female dachshund mix who is a pint-sized cutie looking for the perfect lap to curl up in. I can be shy at first, but once I get to know you, my true personality shines. If you are looking for a lifetime companion that will be loyal till the end, I am your gal. I will be by your side through thick and thin and follow you wherever you go. My beautiful tri-color coat is as shiny as can be, which shows I have been well cared for. I am definitely missing the comforts of a home. Could you provide the perfect new home for me?

My adoption fee is \$30.

Hi, I'm Kimmie. I am a 2-year-old female domestic shorthair who is a rambunctious little girl that loves to play, especially with my toys. I am a joy to watch when I am investigating the world around me. My curiosity will keep me busy for hours. Even though I am a bundle of energy, I am still very affectionate and will cuddle right up in your lap. That's the perfect combination – especially when you factor in my stunning good looks.



Daphne ID# A756849

My adoption fee is \$10 and you can get a send kitty for free.

Lee County Domestic Animal Services (LCDAS) will be joining the American Society for the Prevention of Cruelty to Animals (ASPCA) with the #FindYourFido initiative for the second consecutive year. The campaign's goal is to raise awareness of homeless animals and to help find safe, loving homes for dogs in the community. To encourage local supporters to #FindYourFido, LCDAS has reduced its adoption fees for dogs to \$30 through October 31. The ASPCA #FindYourFido campaign is designed to expand the digital exposure for animals nationwide and raise awareness regarding the benefits of adopting a pet. During the month of October, "Fido," a cardboard cutout ambassador for adoptable dogs, will be in the lobby of Animal Services to illustrate how easy it is to picture a shelter pet in someone's daily life and encourage animal adoption.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.

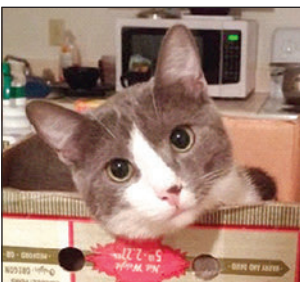


Kimmie ID# A754677

PAWS Of Sanibel

Sonny And Cher

This is Sonny and Cher. Some of you may remember them. Three years ago, four kitties, the momma and three kittens were trapped between the Sunset Beach Resort and Lantana condominium on West Gulf Drive. All were adopted (Lana, Tanner, Sonny and Cher) to lovely people. However, Sonny and Cher's mom



Sonny

has reached a time in her life when she feels she must move in with family over on Pine Island. Unfortunately, in addition to her granddaughter being allergic, her son operates a business out of his home that is directly on Pine Island Road and the doors are always opening and closing, so it's not safe for kitties. These are very special kitties, and need to be together forever. Call Pam at 472-4823 if you can give these sweethearts a new home.✱



Cher

THE RIVER WEEKLY NEWS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Corale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword BE AWARE

- ACROSS
- 1 Goof (up)

5 Gland near a kidney

12 NASCAR units

16 ER skill

19 Vocal quality

20 On the dot

21 Jai —

22 "... boy — girl?"

23 "This shop sells every fruity frozen dessert

26 Ryan of films

27 Hot peppers

28 Bank charge

29 In — (bored)

30 Three or four

31 Segway inventor Dean

32 Broncos' gp.

33 "John Brown's Body" poet's wages?

36 Mexico Mrs.

37 Long cut

38 TV's Swenson

39 Lofty nest

40 Flying disc that toy spaniels love to fetch?

44 Was a blowhard

46 Big name among cello virtuosos

47 Label for Elton John

48 Bric-a- — (trinkets)

49 Ship's trail

51 Thorough search of an Apple computer?

59 Pierre's "here"

62 Virile type

65 Inferior to

66 Mixed in with

67 Lots of sun-dried brick surrounding an empty space?

72 Former Navaho foes

73 Toy with

74 Massive mammal, for short

75 K'ung Fu- — (Confucius)

76 Political group turns against one of its own members?

80 This, in Argentina

82 Dinghy pair

83 — polloi (the masses)

86 Some electric cars

90 Early-flowering leguminous trees

94 Flemish painter being violent?

98 Love, in Paris

99 Slacken

100 Beard, e.g.

101 Ming of basketball

102 "The Zoo Story" playwright with red hair?

105 — Jima

106 "— de Lune"

108 Momentous time periods

109 Omanis, e.g.

110 D.C. ballplayer

111 Milano of "Charmed"

112 Was idle

113 Enter a sea between Siberia and Alaska?

117 Broke bread

118 Years on end

119 Put in place

120 Tony winner Adams

121 Danson of "Dad"

122 Player's fee

123 Mutinied ship of 1839

124 Mems. of the upper house

33 Highchair neckwear

34 Atlanta-to-Charlotte dir.

35 Racial rights gp.

37 Twisted and turned

41 "— goes it?"

42 Largest city of Nebraska

43 Walton of Wal-Mart

44 Chocolate treat

45 Sturdy wood

48 Kiosk, e.g.

50 Stage hams

52 Nuns' home

53 Co. honcho

54 Hazy image

55 Rally yell

56 Skip over

57 Boxes for recycling

58 Ax feature

59 "It's my turn"

60 — rug (dance)

61 Cake froster

63 Helps illicitly

64 Approaching

68 Pres. before DDE

69 White — ghost

70 GM security service

71 Clan symbol

77 "— one to talk!"

78 Severe

79 The lady

81 Nile slitherer

84 Away for an extended break

85 Cry after catching someone in the act

87 Save for later

88 "Little Birds" author

89 Warehouse charges

90 Directs fury toward

91 Dubai, e.g.

92 Gave away

93 Pesters

94 Shul head

95 Spend

96 Stinging flier

97 Brazilian port city, in brief

99 Pass by

103 Expose by blabbing

104 "— you clever!"

106 The Indians, on sports tickers

107 U-shaped instruments

110 Terse denial

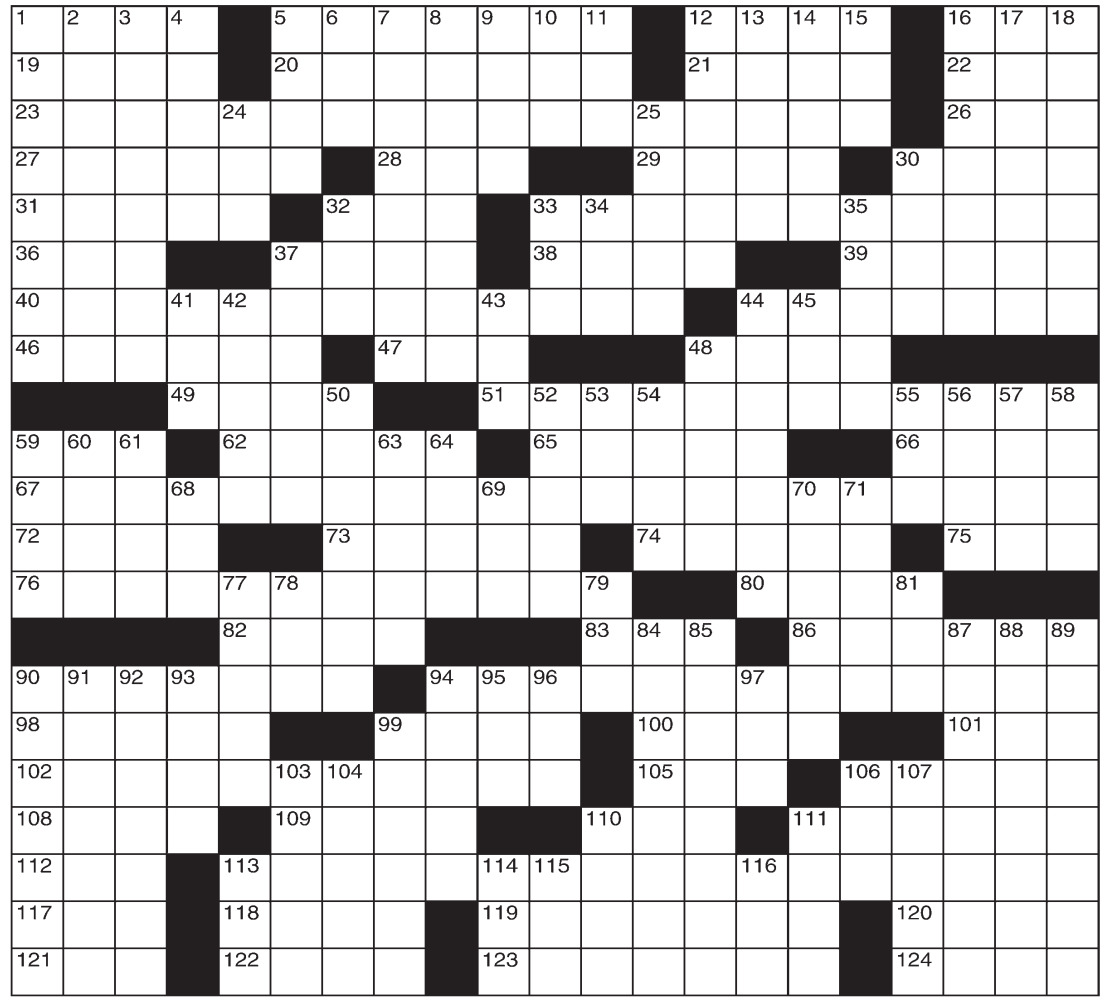
111 Undercover?

113 Viking realm

114 Intel org.

115 Senator Kaine

116 Hellenic "H"



King Crossword

- ACROSS
- 1 Light touch

4 Ducks' home

8 Creche trio

12 Swelled head

13 Acknowledge

14 Touch

15 Its capital is Gaborone

17 Give a darn

18 Massive weight

19 Mistake in print

21 Bouquet component

24 Online help page

25 CD- —

26 Badly lit

28 Ancient African king-dom

32 Help surreptitiously

34 "— Town"

36 Billions of years

37 Now

39 Oft-tattooed word

41 Placekicker's pride

42 Dylan or Dole

44 Potassium source

46 Set free

50 Can material

51 Off base

52 Form of food poisoning

56 Arp's style

57 Storyteller

58 Long sand-wich

59 Watchful one

60 Hamburg's river

61 Afternoon affair

6 Zilch

7 Happy, for one

8 Rhesus mon-key

9 Blind as —

10 Mentor

11 Thing

16 Boar's mate

20 Skedaddled

21 "Animal House" group

22 See 23-Down

23 With 22-Down, John Wayne movie

27 Silent

29 Gregor Mendel, e.g.

30 Part of the loop

31 Cruising

33 Arranged in rows and columns

35 Plagiarize

38 — Kippur

40 Ripe

43 Sacred text

45 Zero

46 Put together

47 Vacationing

48 Protuberance

49 Labor

53 Bill

54 Seek damages

55 Biz deg.

DOWN

1 Newcomer to society

2 Past

3 Reached the nadir, with "out"

4 Hocked

5 Eggs

MAGIC MAZE ● THINGS WE PASS AROUND

C R O L J G D A X V S P N K I
F C A X V S Q O L J H E C A X
V T R (M I C R O P H O N E) P N
L J H F Y D B Y S T T M P T X
V T R S V P O M M K A I I O G
E D B Z A X R O R I T H P R W
U T R Q R E O D L E O N E C N
L J I G G F D S D C P T C H O
A Y X W V T A I S R T P A P T
O N E T A L P W L U O K E J A
I G F E T K C U B E H T P P B

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Baton

Butter

Emails

Germ
- Gravy

Hot potato

Ideas

Microphone
- Peace pipe

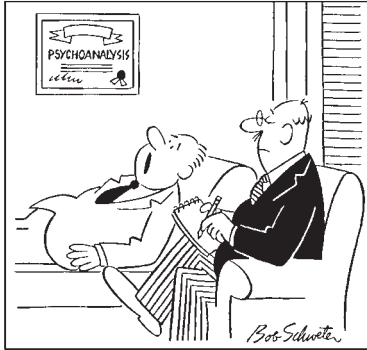
Pepper

Salt

The buck
- The hat

Torch

Wisdom



"I had a very happy childhood —
was much cheaper then!"
answer on page 31

SCRAMBLERS

Unscramble the CAPITAL letters below to form four ordinary words. Then rearrange the boxed letters to form the mystery word to complete the gag!

Guide
STROEC

Trap
RONCER

Method
YOTHER

Doodle
CRAWLS

TODAY'S WORD

9		5		3		2		
3				2			6	1
	7		4		5	8		
	9	3			1		8	
8			6	4		9		
	1				9		5	3
	2		3		6		4	
		1		7		3		6
7		6	8					5

SUDOKU

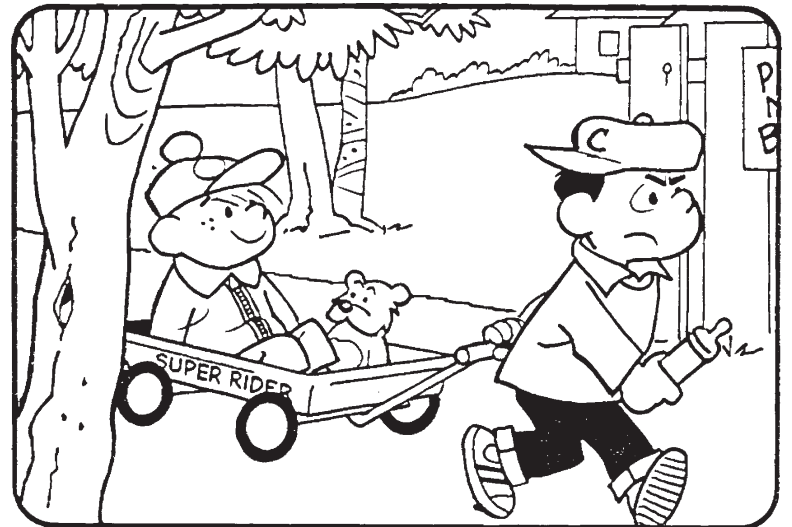
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

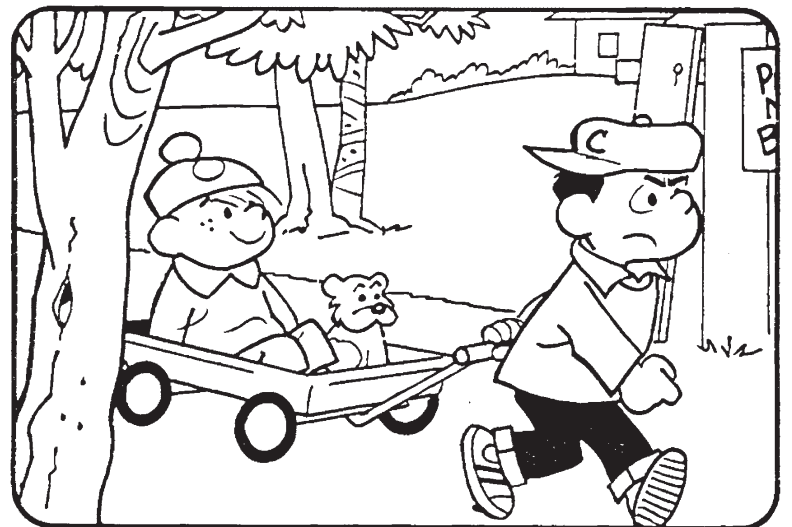
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Cap is different. 2. Zipper is missing. 3. Wagon name is missing. 4. Teddy bear is missing. 5. Fence board is turned. 6. Bottle is missing.



Strawberry and Grapefruit Cocktail

- 4 cups fresh strawberries
- 2 cups grapefruit juice
- 1/3 cup Key lime juice
- 1/4 cup orange blossom honey
- 4 quarts sweet tea (your favorite)
- Grapefruit vodka (optional, to taste)

Place the strawberries in a food processor or blender and blend until completely smooth. Pass through a fine strainer to make a velvety puree (optional). Combine all ingredients (except the vodka) and stir to combine. Add vodka, if desired, to individual servings. Served chilled, over ice.✱



Strawberry and Grapefruit Cocktail

photo courtesy Fresh From Florida

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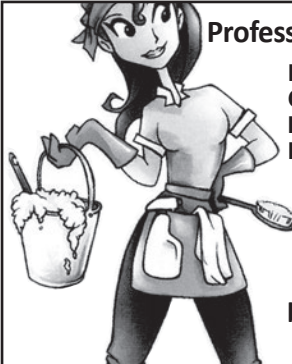
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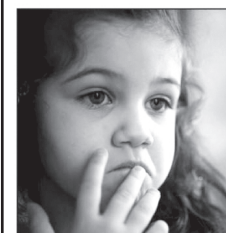
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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA



FRIDAY
Sunny
High: 87 Low: 78



SATURDAY
Sunny
High: 85 Low: 76



SUNDAY
Sunny
High: 87 Low: 78



MONDAY
Partly Cloudy
High: 82 Low: 73



TUESDAY
Partly Cloudy
High: 84 Low: 75



WEDNESDAY
Few Showers
High: 77 Low: 68



THURSDAY
Few Showers
High: 78 Low: 69

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	10:02 am	4:02 am	11:48 pm	4:42 pm	Fri	9:07 am	4:04 am	10:53 pm	4:44 pm	Fri	8:58 am	3:35 am	10:49 pm	4:25 pm	Fri	1:36 am	7:18 am	12:12 pm	7:58 pm
Sat	11:07 am	4:54 am	None	5:21 pm	Sat	10:12 am	4:56 am	11:11 pm	5:23 pm	Sat	10:30 am	4:43 am	11:46 pm	5:19 pm	Sat	1:58 am	8:10 am	1:17 pm	8:37 pm
Sun	12:06 am	5:35 am	11:59 am	5:54 pm	Sun	11:04 am	5:37 am	11:27 pm	5:56 pm	Sun	11:47 am	5:46 am	None	6:08 pm	Sun	2:16 am	8:51 am	2:09 pm	9:10 pm
Mon	12:22 am	6:12 am	12:45 pm	6:22 pm	Mon	11:50 am	6:14 am	11:42 pm	6:24 pm	Mon	12:24 am	6:37 am	12:39 pm	6:50 pm	Mon	2:32 am	9:28 am	2:55 pm	9:38 pm
Tue	12:37 am	6:47 am	1:28 pm	6:47 pm	Tue	12:33 pm	6:49 am	11:59 pm	6:49 pm	Tue	12:53 am	7:20 am	1:21 pm	7:27 pm	Tue	2:47 am	10:03 am	3:38 pm	10:03 pm
Wed	12:54 am	7:22 am	2:10 pm	7:11 pm	Wed	1:15 pm	7:24 am	None	7:13 pm	Wed	1:19 am	8:00 am	2:03 pm	8:02 pm	Wed	3:04 am	10:38 am	4:20 pm	10:27 pm
Thu	1:15 am	8:00 am	2:54 pm	7:35 pm	Thu	12:20 am	8:02 am	1:59 pm	7:37 pm	Thu	1:40 am	8:39 am	2:48 pm	8:36 pm	Thu	3:25 am	11:16 am	5:04 pm	10:51 pm

PUZZLE ANSWERS

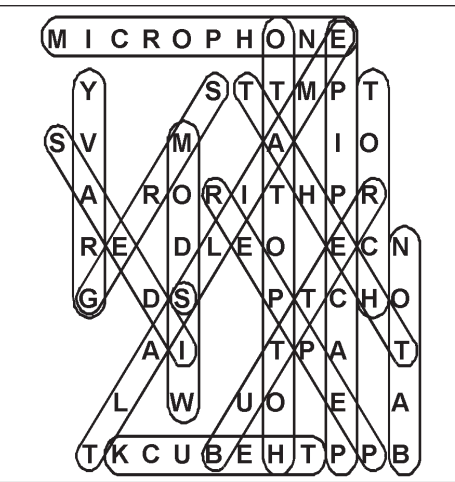
SUPER CROSSWORD

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T	O	N	E		P	R	E	C	I	S	E		A	L	A	I		O	R	A			
I	T	T	A	K	E	S	A	L	L	S	O	R	B	E	T	S		M	E	G			
C	H	I	L	I	S		F	E	E			A	R	U	T		A	F	E	W			
K	A	M	E	N		A	F	C		B	E	N	E	T	I	N	C	O	M	E			
S	R	A		S	L	I	T		I	N	G	A		A	E	R	I	E					
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T	E	D		A	N	T	E		A	M	I	S	T	A	D		S	E	N	S			

KING CROSSWORD

D	A	B		P	O	N	D		M	A	G	I							
E	G	O		A	V	O	W		A	B	U	T							
B	O	T	S	W	A	N	A		C	A	R	E							
			T	O	N		E	R	R	A	T	U	M						
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T	O	D	A	Y		M	O	M		T	O	E							
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M	A	N	U	M	I	T		T	I	N									
A	W	O	L		B	O	T	U	L	I	S	M							
D	A	D	A		L	I	A	R		S	U	B							
E	Y	E	R		E	L	B	E		T	E	A							

MAGIC MAZE



SUDOKU

9	6	5	1	3	8	2	7	4
3	4	8	9	2	7	5	6	1
1	7	2	4	6	5	8	3	9
6	9	3	2	5	1	4	8	7
8	5	7	6	4	3	9	1	2
2	1	4	7	8	9	6	5	3
5	2	9	3	1	6	7	4	8
4	8	1	5	7	2	3	9	6
7	3	6	8	9	4	1	2	5

My Stars ★★★★★ FOR WEEK OF OCTOBER 22, 2018

Aries (March 21 to April 19) A colleague might offer to open a door for you professionally. But before you walk through it, be sure this “favor” isn’t attached to an obligation you might find difficult to discharge.

Taurus (April 20 to May 20) Your creativity, your persistence and your reliability could lead to a major career shift. Be sure to use that other Taurean trait, your practicality, when discussing what the job offers.

Gemini (May 21 to June 20) A changing situation might require some adjustments you might not have been prepared to make. However, flexibility in this matter could be the best course to follow at this time.

Cancer (June 21 to July 22) You’re in a period of fluctuating moods, which is not unusual for the Moon Child. Your emotions stabilize by the 26th. Meanwhile, try to hold off making major decisions until then.

Leo (July 23 to August 22) That keen sense of perception helps you hunt down those minute details that others overlook. And, of course, your Leonine ego will accept the expected praise with good grace.

Virgo (August 23 to September 22) Be careful not to be confrontational when raising a work-related issue. Better to make a request than a demand. And, of course, be prepared to back up your case with facts.

Libra (September 23 to October 22) Your ego might be hurt when a colleague turns down your offer to help. But accept it as a rejection of your offer, not of you. A

friend from the past could re-emerge by week’s end.

Scorpio (October 23 to November 21) A flow of positive energy turns a work project you didn’t want to do into something you actually love doing. Now, take that attitude into your social, intimate life – and enjoy what follows.

Sagittarius (November 22 to December 21) Working hard to meet your professional goals is fine. But don’t neglect your private life, especially where it concerns your more cherished relationships.

Capricorn (December 22 to January 19) “Patience” remains the key word in dealing with an emotionally sensitive situation involving a close friend or family member. Help comes your way by week’s end.

Aquarius (January 20 to February 18) With new information coming in, it’s a good time to rethink some of your goals without taking suggestions from others, no matter how well-meaning they might be.

Pisces (February 19 to March 20) Making progress on your project is relatively easy in the early part of the week. A problem could arise midweek. But all goes swimmingly once it’s resolved.

Born This Week: Holding fast to your principles, no matter what, inspires others to follow your example.

STRANGE BUT TRUE

- It was 17th-century French author Francois de La Rochefoucauld who made the following sage observation: “Some people with great virtues are disagreeable, while others with great vices are delightful.”
- If you wanted to dig to the center of

the earth, you’d have to go down about 4,000 miles.

- If you’re a fan of fishing, here’s a cautionary tale regarding the weather: A 48-year-old Colombian man named Felipe Ortiz (for reasons unknown) decided to go out fishing in a raging storm. He cast his line into a strong wind, but the line blew back and caused the baited hook to lodge in his throat, killing him.
- Are you a dipsomaniac? The root of the word is from the Greek “dipso,” meaning “thirst” – and we’re all familiar with the “mania” part. “Dipsomaniac” is just a fancy name for a drunk.
- Feeling pressed by ever-increasing postage rates? Well, consider this: To send mail by Pony Express originally cost \$5 per ounce – the equivalent of more than \$150 in today’s dollars.
- At one time the game of checkers was known as “chess for ladies.”
- Unless you’re a professional dairy farmer who milks cows on a daily basis, it’s unlikely that you’re aware of the fact that it takes, on average, 350 squirts to get a gallon of milk.
- Jewelry lovers, pay attention: Oysters aren’t the only creatures with the capability to make pearls. Pearls can come from any mollusk that makes a shell, including mussels, clams, conchs and even land snails.

THOUGHT FOR THE DAY

“I like an escalator because an escalator can never break, it can only become stairs. There would never be an escalator temporarily out of order sign, only an escalator temporarily stairs. Sorry for the convenience.” – Mitch Hedberg

TRIVIA TEST

- Theater:** What Stephen Sondheim play features the song “Send in the Clowns”?
- U.S. Presidents:** Which president was associated with the Four Freedoms?
- Geology:** What color is the mineral malachite?
- Geography:** Where are the Diomed Islands located?
- Math:** How many sides does a decagon have?
- Sports:** What sport involves terms such as kickflip, Caballeria and Ollie north?
- Literature:** Which of Ernest Hemingway’s novels had the working title “Fiesta”?
- General Knowledge:** Where did the peach tree likely originate?
- Language:** How many vowels are on the middle row of a standard keyboard?
- Entertainers:** What was singer Michael Jackson’s middle name?

TRIVIA ANSWERS

- A Little Night Music
- President
- Franklin Roosevelt
- Green
4. Bering Strait
5. 10
6. Skateboarding
7. The Sun Also Rises
8. China
9. One
10. Joseph

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

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7/13 ★ TFN

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10/12 ★ 11/30

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10/19 ★ TFN

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9/28 ★ 10/19

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3/2 on Periwinkle \$2,200*
*(w garage & shared pool)
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Call or text Bridit @ 239.728.1920
10/5 ★ TFN

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Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.
7/27 ★ TFN

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ANNUAL RENTAL

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9/28 ★ TFN

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10/12 ★ 10/19

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10/19 ★ 10/19

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RENTAL WANTED

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10/19 ★ 10/26

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HELP WANTED

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10/19 ★ 10/26

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8/17 ★ TFN

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10/19 ★ 11/2

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10/19 ★ 11/9

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10/19 ★ 10/26

GARAGE SALE

GARAGE SALE

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10/19 ★ 10/19

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The *River Weekly News*
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Bears More Active In Autumn

In fall, Florida black bear activity increases as bears begin a natural process of putting on fat for the winter. The Florida Fish and Wildlife Conservation Commission (FWC) reminds people to be BearWise to help prevent conflicts with Florida's largest land mammal.

To be prepared for winter, bears require around 20,000 calories a day and will eat anything that's convenient. Getting food from a garbage can often provide bears with more calories in a shorter amount of time than foraging in the woods. This easy source of calories draws more bears into areas where people live and work, which can be potentially dangerous for both people and bears. Keeping garbage secure not only helps keep people safe but also helps bears.

"We are assisting local governments with advice and funding to help them be more BearWise," said Dave Telesco, head of the FWC's Bear Management Program. "But everyone has a role. The best way people can help is by keeping trash secure from bears."

Since 2007, a total of \$2.1 million of BearWise funding has been provided to local governments. More than \$1.4 million of this was provided with support from the legislature and Gov. Scott, and \$680,000 from the Fish & Wildlife Foundation of Florida using proceeds of the Conserve Wildlife license plate.

To keep bears wild and away from your home, follow these simple tips:

Secure household garbage in a sturdy shed, garage or a wildlife-resistant container;

Put household garbage out on the

morning of pickup rather than the night before;

Secure commercial garbage in bear-resistant dumpsters;

Protect gardens, bee yards, compost and livestock with electric fencing;

Encourage your homeowner's association or local government to institute ordinances to require trash be secured from bears;

Feed pets indoors or bring in dishes after feeding;

Clean grills and store them in a secure place;

Remove wildlife feeders or make them bear-resistant;

Pick ripe fruit from trees and remove fallen fruit from the ground.

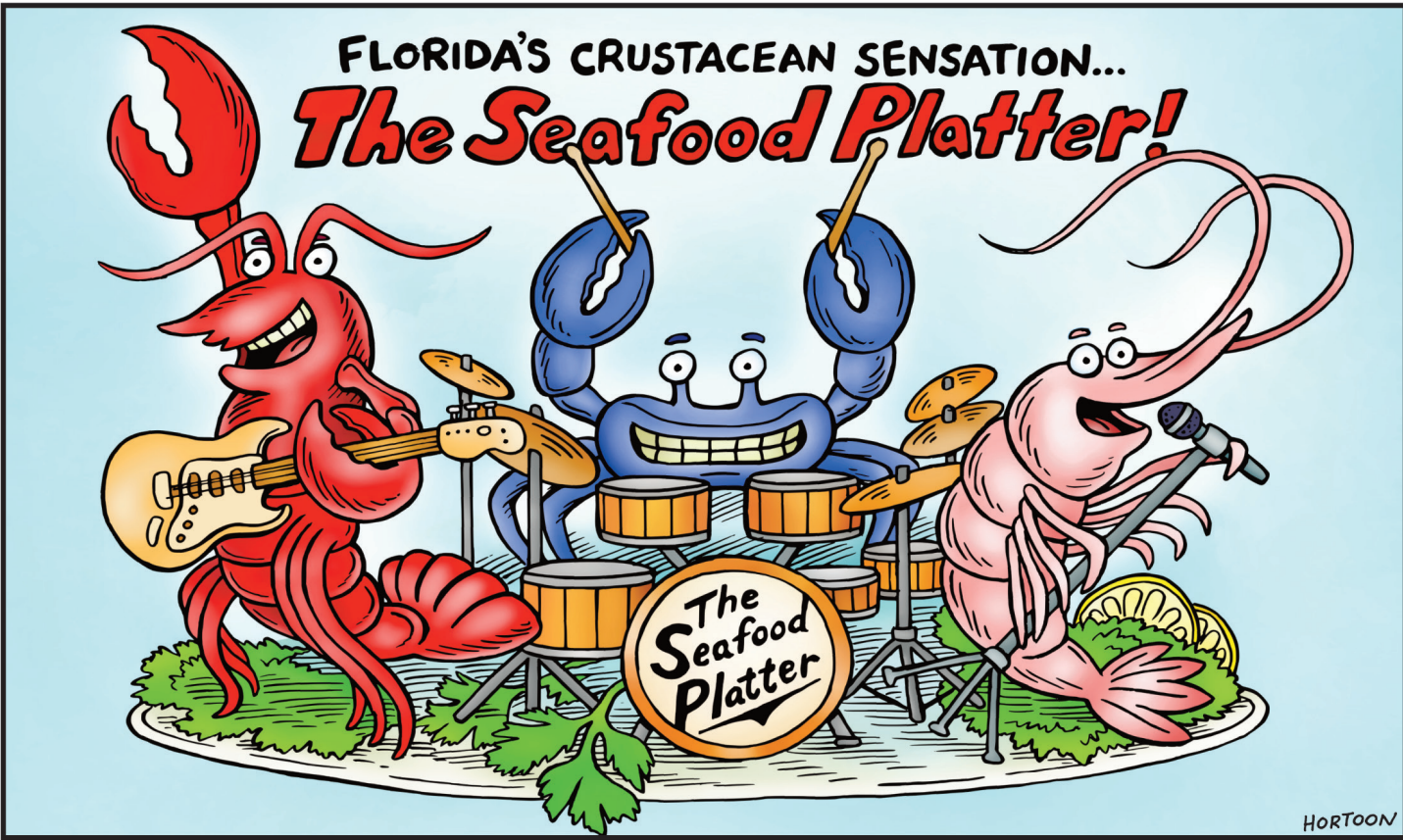


A bear tries to open a knocked-over trash can photo provided

It is illegal in Florida to intentionally feed bears or leave out food or garbage that will attract bears and cause human-bear conflicts. If you see or suspect that someone is feeding or attracting bears, call the FWC's Wildlife Alert Hotline at 1-888-404-FWCC (3922).

For more information on Florida black bears, including how to reduce conflicts with them, visit myfwc.com/bear and click on "Live BearWise." There you can click on "brochures and other materials" to view "Vehicle Collisions with Bears," one in a series of FWC's Living with Florida Black Bears videos.✱

HORTOONS



SCRAMBLERS

- 1. Escort; 2. Corner;
- 3. Theory; 4. Scrawl

Today's Word
CHOCOLATE

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Dickeys John R Subd	Captiva	2005	4,700	\$6,795,000	\$6,000,000	1080
Gulf Island Manor	Fort Myers Beach	1947	1,919	\$2,299,000	\$1,995,000	110
Tarpon Estates	Cape Coral	2012	4,330	\$2,295,000	\$1,875,000	130
Not Applicable	Sanibel	1972	3,143	\$1,690,000	\$1,600,000	396
Orchid Ridge	Estero	2001	3,444	\$1,199,900	\$1,087,500	161
Sunset Trace	Estero	2006	3,069	\$895,000	\$875,000	144
Corkscrew Shores	Estero	2014	3,950	\$825,000	\$765,000	322
Cape Harbour	Cape Coral	1998	2,704	\$740,000	\$720,000	88
Bonita Lakes	Bonita Springs	2014	2,710	\$729,000	\$700,000	22
Cape Harbour	Cape Coral	2018	1,381	\$695,000	\$695,000	45

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